EXTREME PROTEIN ADVANTAGES

- 100% Cold-Filtered Ion Exchange Whey Isolate
- Very Low Glycemic All-Natural Ingredients
- No Artificial Sweeteners
- Lactose Free
- Full Spectrum Amino Acids with BCAA's
- Tastes Great

Typical Amino Acid Profile Per Serving

L-Alanine	591mg	L-Lysine*	1516 mg
L-Arginine	834 mg	L-Methionine*	592 mg
L-Aspartic Acid	1359 mg	L-Phenylalanine*	1005 mg
L-Cystine	79 mg	L-Proline	2069 mg
L-Glutamic Acid	4188 mg	L-Serine	1247 mg
L-Glycine	407mg	L-Threonine*	847 mg
L-Histidine*	603 mg	L-Tryptophan**	236 mg
L-Isoleucine*	938 mg	L-Tyrosine	1189 mg
L-Leucine*	1834 mg	L-Valine*	1122 mg

^{*}Essential Amino Acids

This product is sold by weight, not by volume.

THE DIET COACH

WHEY PROTEIN
ISOLATE
DIETARY SUPPLEMENT
Chocolate Flavor

NET WT. 2 LBS. (908 g)

COLD FILTERED ION EXCHANGE WHEY ISOLATE

Supplement Facts

Serving Size 1 scoop (1 oz.) Servings per container 32

Calories 102	Calories from fat
Total Fat Less than 1g	%DAILY VALUE
Saturated Fat Og	09
Cholesterol Og	09
Sodium Trace	09
Total Carbohydrate	s 5g 09
Dietary Fiber Og	09
Sugar 1.5g	
Protein 21g	
Vitamin A <2%	Vitamin C <2%
Calcium <2%	Iron <2%

INGREDIENTS: 100% Cold-Filtered Whey Isolate, Ion Exchange Whey, Natural Flavors & Fruit Extract, Stevia.

DIRECTIONS: Mix 1 scoop (1 oz.) in 8 oz. of water, milk, or juice, and shake, blend or stir with a spoon. This high quality whey protein can be added to other baked and cooked foods to increase their protein content.

DISTRIBUTED BY: TAD THE DIET COACH

Tadthedietcoach.com

^{**}The L-Tryptophan indicated is naturally occurring sources of proteins.