



Serving Size 1 Packet (Containing 10 units of 2 Softgels, 8 Capsules)

USAGE: For adults, take one packet per day with a meal. For best results, beginning with first meal of the day take one **B-Right®** (white capsule), one **C + Oleselect®** (white capsule) and two **Mineral Balance®** (white capsule). With lunch or dinner, take two **Mineral Balance®**, one **CarotenALL®** (dark softgel) and one **Gamma E 300™** (dark softgel). Take two **Mineral Balance®** two hours after last meal or at bedtime. It is okay to take entire pack at once with large meal.

NOTE: If you have a medical condition, are preparing for or recovering from surgery, pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

WARNING: The **B-Right®** capsule should be taken with a meal. This capsule contains vitamin B₃ (niacin), which may cause a “niacin flush”, especially when taken on an empty stomach. Symptoms are transient - typically lasting for approximately one-half hour - and may include burning, tingling, and itching sensations along with reddening of the skin. In some cases, dizziness and/or shortness of breath may occur. If a severe reaction occurs, drink plenty of water and discontinue use.

**Not for use by children.
Keep out of the reach of children.**

Jarrow FORMULAS®

30 High-Potency Vitamin/Mineral Packs

Antioxidants, Vitamins & Minerals

With Enhanced Nutrients:

Lutein
Lycopene
Zeaxanthin
Gamma E
Olive Fruit Extract
MK-7 (Vitamin K₂)
Selenium (as MSC)
Methylcobalamin
Balanced Calcium
and Magnesium

30 Packs
Dietary Supplement

Jarrow Pak™ Plus contains 30 packets of 10 units each. Each packet contains:

One **CarotenAll®** Softgel
(small dark softgel)

One **Gamma E 300™** Softgel
(larger dark softgel)

One **B-Right®** Capsule
(white capsule)

Six Mineral Balance® Capsules
(white capsule)

One **C** + **Oleselect**[®] Capsule
(white capsule)

Softgels & Capsules shown in actual size

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed Exclusively by:
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 Superior Nutrition and FormulationSM
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Oleselect® is a registered trademark of Indena and is protected by U.S. Patent # 6,358,542.



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Lot #, Best Used Before: