

muisəngaM bna Balanced Calcium Methylcobalamin MK-7 (Vitamin K₂) Olive Fruit Extract 3 smmsə nidinaxasaS Γλcobeue นเอเทา **Nutrients:** With Enhanced

& Minerals Vitamins **Antioxidants**,

Supplement Facts

Serving Size 1 Packet (Containing 10 units of 2 Softgels, 8 Capsules)

CarotenALL® Mixed Carotenoids (One dark soft One softgel contains:	igel) Amount	% DV	B-Right® Odorless Formula (One white of One capsule contains:	capsule) Amount	
Vitamin A (from beta- and alpha-carote	2500 IU ne) (Carom	in [®]) ^{50%}	Vitamin B ₁ (as thiamine mononitrate)	25 mg	1
Lutein (as esters) (Tagetes erecta) (Marigold petal extract)	10 mg	*	Vitamin B ₂ (as riboflavin)	25 mg	1
Zeaxanthin (as esters) (Tagetes erecta)	2 mg	*	Vitamin B ₃ (as niacin)	25 mg	
(Marigold petal extract) Lycopene (from Lyc-O-Mato [®] , GMO-fro	10 mg	*	Vitamin B ₃ (as niacinamide)	100 mg	
Astaxanthin (Haematococcus pluvialis)	500 mcg	*	Vitamin B ₅ (as calcium d-pantothenat	,	
Gamma Tocopherol	10 mg	*	Pantethine (vitamin B₅ derivative)	25 mg	
C+Oleaselect® (One white capsule)			Vitamin B ₆ (as pyridoxine HCI)	25 mg	_
One capsule contains:	Amount	% DV	Vitamin B ₆	10 mg	
Vitamin C (as ascorbic acid) Olive Fruit Extract (Olea europaea)	1,000 mg 25 mg	*	(as pyridoxal 5-phosphate Folic Acid (folate)	400 mcg	_
Gamma E 300™ (One dark softgel)			Vitamin B ₁₂ (as methylcobalamin)	100 mcg	•
One softgel contains:	Amount	% DV	Biotin	300 mcg	
	U (34 mg)	167%	Choline (as choline bitartrate)	50 mg	
(d-alpha tocopherol) Gamma-tocopherol	300 mg	*	Inositol	50 mg	
Other tocopherols (d-beta & d-delta)	100 mg	*	PABA (para-aminobenzoic acid)	30 mg	

Other CarotenALL® Ingredients: Softgel consists of gelatin and glycerin. Carob and caramel are used as a light barrier.

<i>cs)</i>			
% DV	Mineral Balance® (Six white capsules) Six capsules contain:	Amount	% DV
667%	Vitamin D ₃ (cholecalciferol)	1000 IU	250%
470%	Vitamin K (Vit. K ₁ as phylloquinone)	100 mcg	150%
125%	(Vit. K ₂ as MK-7) Calcium (elemental) (as calcium malate)	20 mcg 1000 mg	100%
500%	lodine (as potassium iodide)	150 mcg	100%
000%	Magnesium (as magnesium oxide)	400 mg	100%
	Zinc (L-OptiZinc®) (as zinc L-monomethionine)	10 mg	67%
250%	Selenium (as methylselenocysteine)	50 mcg	71%
500%	Copper (as copper gluconate)	2 mg	100%
100%	Manganese (as manganese citrate)	1 mg	50%
667%	Chromium (from Saccharomyces cerev	200 mcg /isiae)	167%
100%	Molybdenum (as sodium molybdate)	75 mcg	100%
*	Potassium (as potassium chloride)	99 mg	3%
*	% DV for age 12 and older. * Daily Value not established.		

IRON FREE

Other C+Oleaselect® Ingredients: Magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropi Other Gamma E 300™ Ingredients: Soybean oil. Softgel consists of gelatin, glycerin, water and carob (as a light barrier).

Other B-Right® Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose and titanium dioxide. Other Mineral Balance® Ingredients: Magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts, no sugar, no starch, no artificial flavors and no artificial preservatives.

Store in a cool, dark place. Do not refrigerate.

USAGE: For adults, take one packet per day with a meal. For best results, beginning with first meal of the day take one B-Right® (white capsule), one C + Oleaselect® (white capsule) and two Mineral Balance® (white capsule). With lunch or dinner, take two Mineral Balance®, one CarotenALL® (dark softgel) and one **Gamma E 300™** (dark softgel). Take two Mineral Balance® two hours after last meal or at bedtime. It is okay to take entire pack at once with large meal.

NOTE: If you have a medical condition, are preparing for or recovering from surgery, pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

WARNING: The B-Right® capsule should be taken with a meal. This capsule contains vitamin B₃ (niacin), which may cause a "niacin flush", especially when taken on an empty stomach. Symptoms are transient - typically lasting for approximately one-half hour - and may include burning, tingling, and itching sensations along with reddening of the skin. In some cases, dizziness and/or shortness of breath may occur. If a severe reaction occurs, drink plenty of water and discontinue use.

Not for use by children. Keep out of the reach of children.

Jarrow FORMULAS® New Formula! **30 High-Potency Vitamin/Mineral Packs**

Antioxidants, **Vitamins** & Minerals

With Enhanced **Nutrients:**

Lutein Lycopene Zeaxanthin Gamma E **Olive Fruit Extract** MK-7 (Vitamin K₂) Selenium (as MSC) Methylcobalamin **Balanced Calcium** and Magnesium

30 Packs **Dietary Supplement** Jarrow Pak™ Plus contains 30 packets of 10 units each. Each packet contains:

One CarotenAll® Softgel (small dark softgel)

One **Gamma E 300™** Softgel

(larger dark softgel)



One **B-Right®** Capsule (white capsule)

Six Mineral Balance® Capsules

One C + Oleaselect® Capsule (white capsule)

Softgels & Capsules shown in actual size

* These statements have not been evaluated by the Foor and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow FORMULAS® Superior Nutrition and Formulation P.O. Box 35994

www.Jarrow.com

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Oleaselect® is a registered trademark of Indena and is protected by U.S. Patent # 6,358,542.

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PROD # 101002



Lot #. Best Used Before