

DIRECTIONS: Adults take one (1) capsule three (3) times daily with 8 oz. of water during a meal. This may be increased to two (2) capsules with each meal after a short testing period determined by the individual user.

INDICACION: Adultos: Tomar una (1) capsula tres (3) veces al día con 8 oz de agua durante una comida. Puede incrementarse a dos (2) capsulas con cada comida después de un periodo de prueba determinado por el usuario.

**STORE IN A COOL, DRY PLACE
KEEP OUT OF THE REACH OF CHILDREN
TAMPER RESISTANT - DO NOT USE
IF SEAL IS DAMAGED OR MISSING**

Made in USA

CAUTION: Although cayenne is known as a harmless internal disinfectant, it has a warming effect that may cause discomfort in sensitive individuals. This is usually relieved by drinking additional cold water.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Only Natural, Inc.
Island Park, NY 11558 U.S.A.
The Exclusive Distributor of Only Natural, Inc. Supplements.
www.onlynaturalinc.com • 516-897-7001

ONLY NATURAL
Est. 1986

**Apple Cider
Vinegar
plus
Grapefruit Rind
Cayenne**

Dietary Supplement • 90 Capsules

Supplement Facts

Each one (1) capsule supplies:
Serving size: one (1) capsule

		% U.S. RDA
Fat	0	0
Cholesterol	0	0
Calories	1	0
Sodium	0	0
Carbohydrates	0	0

		% U.S. RDA
Apple Cider Vinegar Extract	500 mg	*
Cayenne Pepper Fruit (40,000 HU)	100 mg	*
Grapefruit Rind	100 mg	*

* Daily value not established

Other ingredients: gelatin (non pork) and vegetable stearate

GUARANTEED FREE OF: yeast, corn, wheat, gluten, salt, sugar, starch preservatives, artificial flavor & color

UPC CODE
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