Nutrition Facts

Serving Size 2 scoops (40 g)
Servings Per Container about 11

Amount Per Serving	
Calories 160	Calories from Fat 20
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 95mg	4%
Potassium 180mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber 9g	36%
Sugars 5g	
Protein 20g	35%
Vitamin A	0%
Vitamin C	0%
Calcium	20%
Iron	4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Made from only the finest cold pressed, pasture fed cow whey protein concentrate, **Mercola Miracle Whey Protein Powder** is the perfect blend of one of the most nutritionally-complete, all-natural protein products available.

Guaranteed to please your palate, this fantastic tasting protein mix is power-packed with the complete spectrum of amino acids your body needs for quick muscle recovery after a brisk workout. Plus, because you need extra amino acids as you age, **Mercola Miracle Whey Protein Powder** gives your body the extra boost of nutritional energy it needs.

Suggested use: Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken two to three times daily.

INGREDIENTS: Whey Protein Concentrate, Digestive Resistant Maltodextrin, Organic Sweet Whey, Organic Nonfat Dry Milk, Natural Flavor, Guar Gum, Sunflower Lecithin, Luo Han Guo Juice Concentrate (For Sweetness), Medium Chain Triglycerides, Arabinogalactan.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Allergen Information: Contains dairy and lecithin (derived from GM free sunflower seeds). Manufactured in the same facility as peanut containing products.

DO NOT USE IF SEAL IS BROKEN. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

Distributed by:
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Defense NUTRITION

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DR. MERCOLA®
PREMIUM SUPPLEMENTS

MIRACLE WHEY

Protein Powder

Great Tasting Whey Protein Mix From Pasture Fed Cows

Vanilla
Naturally Flavored

Dietary Supplement

Net Wt. 1lb (454g)