### **Nutrition Facts**

Serving Size 2 scoops (40 g) Servings Per Container about 11

Calories 160	Calories from Fat 15	
	% Daily Value*	
Total Fat 2g	3%	
Saturated Fat 1g	5%	
Trans Fat 0g		
Cholesterol 55mg	18%	
Sodium 95mg	4%	
Potassium 180mg	5%	
Total Carbohydrate 15g	5%	
Dietary Fiber 8g	32%	
Sugars 5g		
Protein 20g	35%	
Vitamin A	0%	
Vitamin C	2%	
Calcium	20%	
Iron	4%	

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Made from only the finest cold pressed, pasture fed cow whey protein concentrate, **Mercola Miracle Whey Protein Powder** is the perfect blend of one of the most nutritionally-complete, all-natural protein products available.

Guaranteed to please your palate, this fantastic tasting protein mix is power-packed with the complete spectrum of amino acids your body needs for quick muscle recovery after a brisk workout. Plus, because you need extra amino acids as you age, **Mercola Miracle Whey Protein Powder** gives your body the extra boost of nutritional energy it needs.

**Suggested use:** Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken two to three times daily.

**INGREDIENTS:** Whey Protein Concentrate, Digestive Resistant Maltodextrin, Organic Nonfat Dry Milk, Organic Sweet Whey, Natural Flavor, Guar Gum, Sunflower Lecithin, Luo Han Guo Juice Concentrate (For Sweetness), Medium Chain Triglycerides, Strawberry Powder, Beet Powder (For Color), Arabinogalactan,

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**Allergen Information:** Contains dairy and lecithin (derived from GM free sunflower seeds). Manufactured in the same facility as peanut containing products.

DO NOT USE IF SEAL IS BROKEN. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

#### Distributed by:

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# DR. MERCOLA® PREMIUM SUPPLEMENTS

## **MIRACLE WHEY**

### **Protein Powder**

Great Tasting Whey Protein Mix From Pasture Fed Cows



## **Strawberry**Naturally Flavored and Colored

**Dietary Supplement** 

Net Wt. 1lb (454g)