

swanson.com

or call 1-800-437-4148

- Supports a healthy, natural response to daily stress
- Helps counter the negative physiological effects of stress

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule per day in the morning with a meal.

Lactium® is a registered trademark used under license and is protected under U.S. patent #5,846,939.



WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Anti-Stress Formula

Stress Support

167 mg

Lactium®

DIETARY SUPPLEMENT | 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Lactium® 90	167 mg*
(90% casein hydrolysate)	

*Daily Value not established.

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica. Contains milk.

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