

# Whey Protein

Gold Isolate Plus™



Natural Vanilla Flavor

Protein Powder

Dietary Supplement

Net Wt. 2 lbs. (908 g)



Store at room temperature. This product is sold by weight not volume.

- \* Percent Daily Values are based on 2000 Calorie diet.
- \*\* Percent Daily Value not established.
- # These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**RECOMMENDED USE:** Add 1 scoop (43 g) to 8 ounces of cold water, milk, or your favorite juice and blend. Please note the additional calories and nutrients provided by the above ingredients.

**Ingredients:** Whey Protein Blend [Ultrafiltered Whey Protein Concentrate (including  $\beta$ -lactoglobulin,  $\alpha$ -lactalbumin, Immunoglobulins and Serum Albumin), Microfiltered Whey Protein Isolate (including  $\beta$ -lactoglobulin,  $\alpha$ -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Enzymatically Hydrolyzed Whey Protein Concentrate], Natural Vanilla Flavor, Xylitol, Xanthan Gum, Free-Form L-Glutamine and BetterStevia™ [Organic Stevia Extract (Leaf)].

Contains milk and soy. Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Contains Xylitol, do not feed to pets.

**California Academy of Health (CAOH)**

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## Supplement Facts\*

Serving Size: 6 Tablespoons (~44 g)

Servings Per Container: ~21

(subject to natural variability)	Amount Per Serving	% Daily
Calories	170	
Calories from Fat	15	
Total Fat (0 Trans Fat)	2 g	3%
Saturated Fat	1 g	5%
Cholesterol	5 mg	2%
Sodium	135 mg	6%
Potassium	190 mg	5%
Total Carbohydrates	7 g	2%
Dietary Fiber	1 g	4%
Sugar	2 g	**
Xylitol	2 g	**
Protein	26 g	52%
Calcium	100 mg	10%
L-Isoleucine	1668 mg	**
L-Leucine	2730 mg	**
L-Lysine	2364 mg	**
L-Methionine	555 mg	**
L-Phenylalanine	831 mg	**
L-Threonine	2042 mg	**
L-Tryptophan	471 mg	**
L-Valine	1533 mg	**
L-Alanine	1370 mg	**
L-Arginine	677 mg	**
L-Aspartic Acid	3171 mg	**
L-Cysteine	504 mg	**
L-Glutamic Acid	4884 mg	**
L-Glutamine	460 mg	**
L-Glycine	513 mg	**
L-Histidine	467 mg	**
L-Proline	1671 mg	**
L-Serine	1449 mg	**
L-Tyrosine	563 mg	**