

USAGE: Take 1 serving per day as a vegetarian protein supplement or snack or use as directed by your qualified health care consultant.

Jarrow FORMULAS® Brown Rice Protein Concentrate, made from whole grain organic brown rice, is easily digested, gluten-free, hypoallergenic, and a vegetarian/vegan source of protein.

Ideal:

- As a high-protein alternative to soy and animal products.
- For those with gastrointestinal sensitivity to milk, wheat, soy, and other proteins.

Jarrow FORMULAS® Brown Rice Protein Concentrate is made using an all natural process that does not use chemical solvents. A special milling step produces a smooth texture that mixes easier and is less gritty than traditional rice protein preparations.

Jarrow FORMULAS® Brown Rice Protein Concentrate is specially processed to provide a complete amino acid profile, providing a vegetarian/vegan protein alternative. The protein quality scores exceed 100% for almost all the amino acids in the product.

No added sugar, artificial flavors or sweeteners.
Non-GMO (Genetically Modified Organisms).

Keep out of the reach of children.

Lot #: Best Used Before:

**Typical Amino Acid Profile of
Jarrow FORMULAS® Brown Rice
Protein Concentrate**

Per Serving

Alanine	666 mg
Arginine	1003 mg
Asparagine/Aspartic Acid . .	1058 mg
Cysteine	280 mg
Glutamine/Glutamic Acid . .	2196 mg
Glycine	515 mg
Histidine	281 mg
Isoleucine	481 mg
Leucine	1008 mg
Lysine	376 mg
Methionine	353 mg
Phenylalanine	659 mg
Proline	574 mg
Serine	605 mg
Threonine	439 mg
Tryptophan	157 mg
Tyrosine	643 mg
Valine	718 mg



Jarrow FORMULAS®

**Brown
Rice
Protein
Concentrate**
Mixed Berry Flavor

made with
**ORGANIC
Brown Rice**



Net Wt. 17.9 oz (1.1 lb) 509 g Powder

Nutrition Facts

Serving Size 2 1/2 Tbsp (Approx. 18 g)
Servings Per Container Approx. 28

Amount Per Serving

Calories 55 **Calories from Fat 0**

% Daily Value*

Total Fat 0 g 0%

Sodium 8 mg 0%

Total Carbohydrate 2 g 1%

 Dietary Fiber 1 g 4%

 Sugars 0 g

Protein 12 g

Vitamin A < 2% Vitamin C < 2%

Calcium 5% Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Non-GMO organic brown rice protein, natural mixed berry flavor and ultra-smooth gum-colloid.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

ALL NATURAL

Mixing Directions: Mix or blend one serving of powder with: 8 oz of fruit juice, rice milk or other beverages. Serve promptly.

Suitable for vegetarians/vegans.

Packaged by weight, not by volume.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
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www.Jarrow.com

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