SUGGESTED USE: As a dietary supplement, take three (3) tablets (with water on an empty stomach) approximately 30 minutes prior to training. If desired, an additional serving may be taken with a daily meal. Do not exceed six (6) tablets per day.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellifs.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.





Supplement Facts

Serving Size 3 Tablets

A-AKG (arginine alpha-ketoglutarate)
OKG (ornithine alpha-ketoglutarate)
OKG (Gutmine alpha-ketoglutarate)
A-KIC (arginine ketoisocaproate)

75 mg
A-KIC (arginine ketoisocaproate)

*Daily Value not established

Other ingredients: Dicalcium Phosphate, Cellulose, Croscarmellose Sodium, Silicon Dioxide, Magnesium stearate and stearic acid.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL. DRY PLACE.

Lot#: 91149

Manufacture Date: 09/2011 Best if used by: 09/2013 3840-1833-1833A

IronMagLabs

800.815.3350 www.ironmaglabs.com