SUGGESTED USE:

As a dietary supplement, mix one scoop (32 g) with 6 to 10 ounces of water or the beverage of your choice. PRO ACTION - provides the critical protein the body needs after an intense workout.

PRO ACTION" [pro-ak-shuhn] noun.

. Action that initiates change as opposed to reaction to events.

PRO ACTION" is the unrivaled protein supplement for athletes that are focused on changing their bodies by forging more lean muscle, tearing away ugly fat and maintaining overall health. By increasing the amount of protein we consume combined with proper exercise, our bodies will become fat burning machines! Modern research has shown that increasing protein in your diet can help maintain lean muscle tissue and force the body to burn fat for energy. The body will always use the simplest form of energy available and while it can break down protein for energy, it is much easier for it to use stored fat instead.

PRO GETION" can help dieters from being sidetracked with persistent hunger. Increasing protein in your diet can also help you to feel less hungry by lowering levels of appetite-stimulating hormones. Next time you're feeling hungry, satisfy yourself with a delicious PRO ACTION protein shake. By adding PRO ACTION" to your diet, you can achieve a healthy lifestyle. :

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TAKE ACTION ... TAKE PRO ACTION"

ALLERGEN WARNING: Contains milk and soy ingredients.

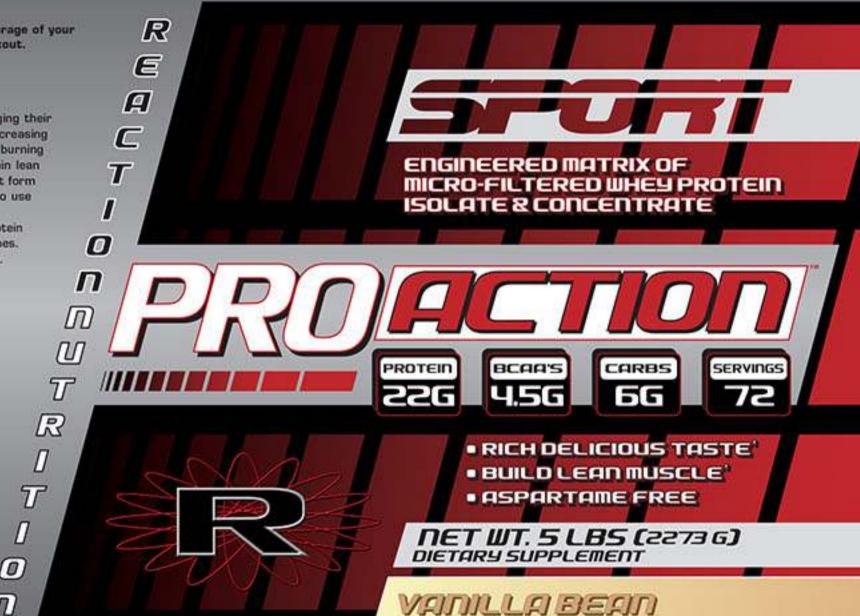
KEEP CONTAINER TIGHTLY CLOSED IN A COOL, DRY, AND DARK PLACE. KEEP OUT OF REACH OF CHILDREN.





These statements have not been evaluated by the Food and Drug Administration. This roduct is not intended to diagnose, treat,





Supplement Facts

Serving Size 1 scoop (32q) Servings Per Container 72

Imount Per Serving			L-Aspartic Acid
			Calories 130
		Ni Daily Value?	L-Glycine
Total Fat 1g		1%	L-Histidine I
Saturated Fat 0g		0%	L-Isoleucine (80
Trans Fat 0g			L-Leucine (BCA)
Cholesterol 25mg 8%			L-Lysine I
and the second second second second	9	27.02	L-Methionine I
Sodium 90mg		3%	L-Phenylalanine
Potassium 277mg 8%			L-Proline
Total Carbohydrate 6g 2%			L-Serine
Dietary Fiber 0	9	0%	L-Threonina t
Sugars 4g			L-Tryptophan #
Protein 22g 44%			L-Tyrosine
			L-Valine (BCAA)
Vitamin A 196	• V	tamin C 596	

Magnesium 796

Phosphorus 129

Calcium 21%

Vitamin D 1%

FECAN

AMINO ACID PROFILE

1065 ma

1017 mg

2439 mg 452 mia

3797 mg

614 mg

403 mg

1324 mg

2039 mg

1702 mg

444 mg

815 mg

1311 mg

1035 mg

1269 mg

246 mg

684 mg

1118 mg

L-Alanine

L-Arginine

-Valine (BCAA) #

Expertiel Amino Acids

The L. Tryptophan indicated is from

aturally occurring sources of protein.

-Gladamic Acid

-Isoleucine (BCAA) #

-Leucine (BCAA) #

Proprietary Protein Matrix: Whey Protein Concentrate, Whey Protein Isolate, Whey Peptides. Other Ingredients: Dextrose, Natural and Artificial Flavors, Xanthan Gum, and Sucratose

Iron 59



MOCTOD DUTESTION CLC.

www.reactionnutrition.com

Percent daily value based on 2000 calorie diet. "Percent daily value not established.