

**Suggested Use:** Take one (1) capsule daily with water at mealtime, or as recommended by your health care professional. Note: This is in no way meant to overrule or act as a substitute for any recommendations made by your health care professional. Persons taking medication or under a doctor's care should consult their physician prior to use.

**Uso Sugerido:** Tomar una (1) capsula diariamente con agua a la hora de la comida ó como indique su profesional del cuidado de la salud.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

• **Gluten Free**

**Made in USA**

**Only Natural, Inc.**

Island Park, NY 11558 U.S.A.

The Exclusive Distributor of Only Natural, Inc. Supplements.

www.onlynaturalinc.com • 1-800-866-2887

**ONLY NATURAL**

Est.1986

5-hydroxytryptophan  
**5-HTP**

**Natural Alternative for  
Weight Control and Anxiety  
Fast Acting**

**Dietary Supplement • 50 mg. • 45 Capsules**

**Supplemental Facts**

Serving Size: 1 Capsule

| Amount Per Serving | %Daily Value |     |
|--------------------|--------------|-----|
| Calories           | 1            | <1% |
| Fat                | 0            | 0   |
| Cholesterol        | 0            | 0   |
| Sodium             | 0            | 0   |
| Dietary Fiber      | 0            | 0   |

**One Capsule Supplies:**

|                           |       |      |
|---------------------------|-------|------|
| 5-HTP (hydroxytryptophan) | 50 mg | *    |
| Vitamin B6 (pyridoxine)   | 10 mg | 411% |

Daily value based on 2,000 calorie diet

\*Daily value not established

**STORE IN A COOL, DRY PLACE  
KEEP OUT OF THE REACH OF CHILDREN**

**UPC CODE**

**7-27413-00960-3**