

# Carlson<sup>®</sup> for Kids

**NATURAL  
BLUE  
RASPBERRY  
FLAVOR**

**Multi  
Tastes  
Great!**

## Chewable Vitamins and Minerals

**NATURAL  
SWEETENERS**

**NATURAL  
VITAMINS**

**NATURAL  
COLOR**

**60 TABLETS**

**4240 - 3c**

**Dietary  
Supplement**

### Supplement Facts

Serving Size 1 Tablet

|                                                                                                | Amount Per Tablet | % DV |
|------------------------------------------------------------------------------------------------|-------------------|------|
| Total Carbohydrate                                                                             | 1 g               | <1%† |
| Vitamin A (from 2500 IU beta carotene & 2500 IU palmitate)                                     | 5000 IU           | 100% |
| Vitamin C (calcium ascorbate)                                                                  | 120 mg            | 200% |
| Vitamin D <sub>3</sub> (cholecalciferol)                                                       | 600 IU            | 150% |
| Vitamin E (as d-alpha tocopheryl succinate)                                                    | 60 IU             | 200% |
| Vitamin K <sub>1</sub> (phyloquinone)                                                          | 80 mcg            | 100% |
| Thiamin (Vitamin B1)(as thiamin mononitrate)                                                   | 1.5 mg            | 100% |
| Riboflavin (Vitamin B2)                                                                        | 1.7 mg            | 100% |
| Niacin (as niacinamide)                                                                        | 5 mg              | 25%  |
| Vitamin B-6 (from pyridoxine hydrochloride)                                                    | 2 mg              | 100% |
| Folate (folic acid)                                                                            | 300 mcg           | 75%  |
| Vitamin B-12 (cyanocobalamin)                                                                  | 6 mcg             | 100% |
| Biotin                                                                                         | 150 mcg           | 50%  |
| Pantothenic Acid (as d-calcium pantothenate)                                                   | 10 mg             | 100% |
| Calcium (from calcium citrate, calcium ascorbate, d-calcium pantothenate, dicalcium phosphate) | 57 mg             | 6%   |
| Iron (from iron glycinate chelate)                                                             | 9 mg              | 50%  |
| Iodine (from potassium iodide)                                                                 | 75 mcg            | 50%  |
| Magnesium (from magnesium oxide)                                                               | 25 mg             | 6%   |
| Zinc (from zinc oxide)                                                                         | 7.5 mg            | 50%  |
| Selenium (from selenomethionine)                                                               | 20 mcg            | 30%  |
| Copper (from copper gluconate)                                                                 | 1 mg              | 50%  |
| Manganese (from manganese sulfate)                                                             | 1 mg              | 50%  |
| Chromium (from chromium nicotinate)                                                            | 60 mcg            | 50%  |
| Lemon Bioflavonoids Complex                                                                    | 10 mg             | ☆    |

☆ Daily Value (DV) not established.

† Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Fructose, xylitol, microcrystalline cellulose, stearic acid, natural blue raspberry flavor, dicalcium phosphate, magnesium stearate (veg.), food glaze, citric acid, hydroxypropyl cellulose, ethylcellulose, apple powder, blueberry powder, carrot powder, spinach powder.

Preservative-free. Natural color. Wheat-free. Yeast-free. Gluten-free.

**Directions:** Adults: Chew one tablet daily. Children 4 years of age and older: Chew one tablet daily. Keep bottle tightly closed. Store away from heat and moisture.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

### POTENCY & QUALITY GUARANTEED

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