

DIETARY SUPPLEMENT

Carlson

Right 1 DailyTM
Multiple with
Fish Oil
60 Soft Gels

Not for Sale in California

4021 - 2a

Supplement Facts
 Serving Size 1 Soft Gel

	Amount Per 1 Soft Gel	% DV
Vitamin A (as 1500IU palmitate & 2500IU beta carotene)	4000 IU	80%
Vitamin C (as calcium ascorbate)	150 mg	250%
Vitamin D3 (as cholecalciferol)	800 IU	200%
Vitamin E (as d-alpha tocopherol from soy)	75 IU	250%
Vitamin K1 (as phyloquinone)	100 mcg	125%
Thiamin (Vitamin B-1) (from thiamin HCl)	3.4 mg	227%
Riboflavin (Vitamin B-2)	4 mg	236%
Niacin (as niacinamide)	40 mg	200%
Vitamin B-6 (from pyridoxine HCl)	5 mg	250%
Folate (folic acid)	400 mcg	100%
Vitamin B-12 (cyanocobalamin)	18 mcg	267%
Biotin	150 mcg	50%
Pantothenic Acid (from d-calcium pantothenate)	20 mg	200%
Calcium (from calcium carbonate, calcium ascorbate & d-calcium pantothenate)	50 mg	5%
Iron (from iron bisglycinate chelate)	13.5 mg	75%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (from magnesium oxide)	50 mg	13%
Zinc (from zinc gluconate)	7.5 mg	50%
Selenium (from selenomethionine)	35 mcg	50%
Copper (from copper gluconate)	1 mg	50%
Manganese (from manganese gluconate)	1 mg	50%
Chromium (from chromium nicotinate)	60 mcg	50%
Fish Oil Concentrate	500 mg	†
DHA (Docosahexaenoic Acid)*	215 mg	†
EPA (Eicosapentaenoic Acid)*	30 mg	†

† Daily Value (DV) not established.

*Reported as triglycerides.

Other Ingredients: Beeswax, lecithin (soybeans), soybean oil, Soft Gel Shell: Beef gelatin, glycerin, water, carboxy. Contains soy and fish (anchovy, sardine, tuna).

Directions: Take one soft gel daily, AT MEALTIME. Keep bottle tightly closed. Store away from heat and moisture.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Preservative-free. Salt-free. Wheat-free. Milk-free. Gluten-free. Yeast-free.

POTENCY AND QUALITY GUARANTEED

Distributed by Carlson Division of
 J.F. Carlson Laboratories, Inc.
 Arlington Hts, IL 60004-1985
 866-234-6656 • www.carsonlabs.com
 • An F.D.A. Regulated Facility •

