

NON-ACIDIC - MILD TASTE - DISSOLVES EASILY

Carlson®

VITAMIN C SUPPLEMENT with CALCIUM

MILD-C®

VITAMIN C CRYSTALS

6 OUNCES (170 GRAMS)

3096 - 2a

- ◆ MILD IN THE STOMACH ◆ NON-ACIDIC TO TEETH
- ◆ HYPOALLERGENIC ◆ DISSOLVES EASILY IN LIQUID
- ◆ TRY IN JUICE! ◆ MILD TASTE IN WATER

Vitamin C is an essential antioxidant nutrient. It is necessary for the building of collagen, maintaining teeth and gum tissue health, and normal functioning of the body's natural defenses.*

Carlson **MILD-C CRYSTALS** is pure Calcium Ascorbate, a buffered form of Vitamin C. There is evidence that the acidity of the ascorbic acid form of Vitamin C may irritate sensitive stomachs and may harm teeth. Calcium Ascorbate is a non-acidic form of Vitamin C that is mild in the stomach and gentle to the teeth.*

MILD-C CRYSTALS is usually well-tolerated by food sensitive individuals as this product consists solely of high-quality Calcium Ascorbate - no free ascorbic acid is present.

Supplement Facts

Serving Size 1/2 Teaspoonful (1 level green scoopful - 2 g)
Servings Per Container 85

	Amount Per 1/2 Teaspoonful	% Daily Value
Vitamin C	1600 mg	2667%
Calcium	180 mg	18%

Ingredient: Calcium ascorbate.

Directions: Take one level 1/2 teaspoonful once or twice daily for dietary supplementation. Stir into juice or beverage.

This product is sold by weight, not volume.

Keep bottle tightly closed. Store away from heat and moisture. Vegetarian. Preservative-free. Sugar-free. Wheat-free. Yeast-free. Citrus-free. Salt-free. Gluten-free.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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POTENCY & QUALITY GUARANTEED

DO NOT ACCEPT IF CLEAR BAND
AROUND BOTTLE NECK AND CAP
IS DAMAGED OR MISSING.

