

DIRECTIONS: Take one to two lozenges 15 to 60 minutes before bedtime, or as directed by your healthcare practitioner.

Melatonin is produced naturally in the pineal gland of the brain in response to changes in light exposure; it helps maintain healthy sleep patterns as well as antioxidant and immune activities. **Melatonin 3mg SL** can be taken as a supplement to support these functions by promoting normal levels of melatonin in the body. Holtorf Medical Group's sublingual form dissolves easily in the mouth for better absorption and delivery to the brain.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CAUTIONS: Consult your healthcare practitioner before use. Keep out of reach of children. Avoid if allergic to any ingredient.

STORAGE: Keep tightly closed in a cool, dry place.

DOES NOT CONTAIN: Wheat, gluten, corn protein, yeast, soy, animal or dairy products, fish, shellfish, nuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

HoltraCeuticals™



Melatonin 3mg SL

Dietary
Supplement

Support for Healthy Sleep Patterns*

60 Sublingual Lozenges

HOLTORF MEDICAL GROUP®

CENTERS FOR HORMONE IMBALANCE, HYPOTHYROIDISM AND FATIGUE

Supplement Facts

Serving Size: 2 Lozenges

Servings Per Container: 30

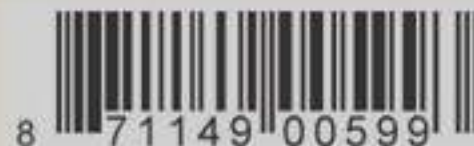
	Amount Per Serving	%Daily Value
Melatonin	6 mg	**

** Daily Value not established.

Other Ingredients: Xylitol, mannitol, stearic acid, silica, magnesium stearate, and natural peppermint flavor.

Melatonin 3mg SL Meets or Exceeds cGMP Quality Standards.

Manufactured for:
Kent Holtorf, MD
and the Holtorf Medical Group®
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To reorder visit HoltraCeuticals.com



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