FUEL YOUR WORKOUT... FEEL THE MASS...

Induces Induces Cell Volumization > Promotes **Mental Focus & Energy** > Promotes an Increase in Pumps and Muscle Recovery Anabolic Technology **Featuring Propadrol**™ ▶

Promotes Enhanced Strength & Performance >

METHYLMASS

with **Propadrol**™(6-17 dihydroxyetiocholove-3-ol propionate)

Anabolic Pre-workout Formula >



Supplement Facts

Serving Size: 1 Scoop (12 grams) Servings Per Container: 45

| Α | mount | Per S | erving | %DV* | | |
|-----------------------------------|-------|-------|------------|------|------|-----|
| ories Calories from Fat | | 20 | | | | |
| tal Fat | | ŏ | | | | |
| Saturated Fat olesterol | | 0 | | | | |
| tal Carbohydrate Dietary Fiber | | 5 g | | | | |
| Sugars | | 1 g | | | | |
| tamins | | | Minerals | | | |
| amin C | 25 ma | 40% | Phosphorus | . 7 | 2 ma | 109 |

Propadrol™ (6-17 dihydroxyetiocholove-3-ol propionate) 20mg

(Methylcobalmin)

Methyl Mass Exclusive Proprietary Blend Crea-MASSTM (Exclusive Creatine Salt Matrix)

Argicine (from L-Arginine HCL & Ethyl Ester Salts), Beta Alanine, Resveratrol (50% HPLC Glycine Ethyl Ester, Pomegranate P.E. (40% HPLC), Folate Caffeine USP L-Tyrosine AKG, American Ginseng

INSA-CARB™ (Exclusive Designer Carbohydrate Matrix w/Insulgenic Delivery System) Hydro-MASS** (Hydration Matrix) Magnesium Phosphate, Potasium Phosphate, Sodium Phosphate, Trace Minerals, Sodium

Other Ingradients: Dura Coustallina Fructosa, Natural & Artificial Flavors, Citric Acid. Sucralosa

* Daily Values are based on 2.000 calorie diet. ** Daily Value not Established

For best results, take 30 minutes prior to workout, on an empty stomach. Please Note: This product contains caffeine and shouldn't be taken by individuals wishing to eliminate this ingredient from their diet. If you have difficulty sleeping,do not take after 4:00 pm.

Suggested Use: As a dietary supplement, adults take 1-2 scoops with 12-16 oz. of

water or with your favorite beverage.

Warning: Do not use if you are pregnant or nursing, or at risk for blood pressure, liver, thyroid, prostate, diabetes, or psychiatric disease. If you have any medical condition seek professional medical advice before taking this or any supplement. Do not use this product if under the age of 18. Keep out of reach of children.



Formulated & Manufactured for Engineered Sports Technology, Inc. Orlando, FL 32805 www.estnutrition.com



This product is not intended to diagnose, treat, cure, or prevent any disease

Dietary Supplement

Cotton Candy

550 grams (19.4 oz)

Fortified with **INSA-CARB™** ▶