



Brenda Watson, C.N.C.

For over a decade **ReNew Life** has been helping millions of people live healthier lives through better digestion and nutrition. Founded by best-selling author and PBS mainstay Brenda Watson after her own battle with poor health, it is now the leading cleansing and digestive care company in America. Brenda's passion and dedication have been instrumental in developing a complete line of premium herbal cleansing formulas and nutritional supplements for every need.



Free Personal Cleansing & Detox Advisor 1-800-830-1800

If you have any questions as you begin your cleansing and detoxification journey, call us for additional guidance and expert information.

For Ideal Results, We Recommend:

During this Cleansing Program	 OilSMART™
Next Recommended Cleanse	 Liver Detox™
Maintenance After Cleansing	 FiberSMART™ OilSMART™ Ultimate Flora 50 Billion™

The ingredients in **Total Body RAPID Cleanse** support the 7 channels of elimination.* They are the organs and organ systems designed to filter and eliminate toxins from the body.

- 1. Liver:** Betaine hydrochloride, L-glycine, L-glutamine, L-methionine, N-acetyl-cysteine, milk thistle, turmeric, dandelion root, fenugreek seed, garlic bulb, bamboo leaf extract
- 2. Lungs:** Mullein, garlic, fenugreek, oregano
- 3. Lymphatic system:** Mullein, garlic, oregano
- 4. Kidneys:** Dandelion leaf, stinging nettle leaf
- 5. Skin:** Burdock, oat straw
- 6. Blood:** Chlorophyll
- 7. Bowel:** Magnesium hydroxide, cape aloe, rhubarb, marshmallow root, slippery elm bark, triphala, acacia fiber

TOTAL BODY RAPID CLEANSE™

► 3-Part Program

- 1** Detoxify with Deep Liver and Organ Cleanse - 14 capsules
- 2** Capture with Natural Acacia Fiber - 63 grams
- 3** Eliminate with Colon Cleanse - 14 capsules

Simple, Fast and Effective
Potent Natural Formula
For Rapid Results

Dietary Supplement



7-DAY Program

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7-DAY Program

RAPID Cleanse 1

Supplement Facts

Serving Size: 2 Capsules	Servings per Container: 7
Amount per Serving	%DV**
Vitamin C (as ascorbic acid) 300 mg	500%
Proprietary Blend: 500 mg	
Betaine Hydrochloride, L-Glycine, L-Glutamine, L-Methionine, N-Acetyl-Cysteine	***
Proprietary Herbal Extract Blend: 254 mg	
Milk Thistle Extract 4:1 seed	***
Burdock Extract 5:1 root	***
Dandelion Extract 4:1 leaf	***
Dandelion Extract 4:1 root	***
Fenugreek Extract 4:1 seed	***
Garlic Extract 100:1 bulb	***
Mullein Extract 10:1 leaf	***
Oat Extract 10:1 straw	***
Oregano Extract 10:1 leaf	***
Stinging Nettle Extract 5:1 leaf	***
Turmeric Extract 4:1 root	***
Bamboo Extract leaf (70% Silica)	***
Natural Chlorophyll	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 2 capsules in the morning on an empty stomach. Wait 30 minutes and take part 2. Follow this regimen day 1 through day 7 of this program. Please read accompanying literature.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Do not for prolonged use. Do not exceed recommended dose.

These products contain no yeast, wheat, soy, gluten, salt, sugar, dairy, animal products, binders, fillers or artificial ingredients.

Quality and Purity Guaranteed
Distributed by: ReNew Life Formulas®
Palm Harbor, FL 34683

Questions? Call: 1-800-830-1800
Email: support@renewlife.com
or visit our website at www.renewlife.com
Store in a dry place at 59-86° F (15-30° C).
Manufactured in a GMP and Kosher facility

RAPID Cleanse 2

Supplement Facts

Serving Size: 1 Scoop (4.5 grams)	Servings per Container: About 14
Amount per Serving	%DV**
Calories	10
Calories from fat	0
Total Fat	0
Total Carbohydrate	4 g 1.5%
Dietary Fiber	4 g 16%
Soluble Fiber	4 g ***
Protein	0 g

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Ingredients: Acacia fiber

Directions: Take 1 level scoop mixed in 8 ounces of water in the morning and 1 level scoop mixed in 8 ounces of water in the evening. Follow with at least 8 additional ounces of water. Follow this regimen day 1 through day 7 of this program. May decrease to one scoop a day if elimination is sluggish. Drink plenty of water while using this product.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Consult your physician before using this or any product if you are pregnant, nursing, trying to conceive, taking medication or have a medical condition. **Notice:** This fiber supplement should be consumed with a full glass of water or juice. Consuming this product without enough liquid may cause choking. Do not consume this fiber supplement if you have difficulty swallowing, acute cough or obstructed bowel.

RAPID Cleanse 3

Supplement Facts

Serving Size: 2 Capsules	Servings per Container: 7
Amount per Serving	%DV**
Magnesium (from magnesium hydroxide) 230 mg	58%
Proprietary Blend: 1,200 mg	
Cape Aloe leaf	***
Rhubarb root	***
Marshmallow root	***
Slippery Elm bark	***
Triphala (a blend of Amalaki, Bibhitaki and Haritaki)	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other Ingredients: Vegetable capsule (vegetable fiber and water)

Directions: Take 2 capsules at night with 8 ounces of water. Follow this regimen day 1 through day 7 of this program. Please read accompanying literature.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. Do not use if you have intestinal blockage. Not for prolonged use. Do not exceed recommended dose. **Notice:** This product contains rhubarb and cape aloe. **DO NOT USE IF YOU HAVE OR DEVELOP ABDOMINAL PAIN, DIARRHEA OR LOOSE STOOLS.** Read and follow directions carefully.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.