FUEL YOUR WORKOUT... FEEL THE MASS...

Induces Induces Cell Volumization > Promotes **Mental Focus & Energy** > Promotes an Increase in Pumps and Muscle Recovery

Anabolic Technology **Featuring Propadrol**™ ▶ Promotes Enhanced Strength & Performance >

Fortified with **INSA-CARB™** ▶

METHYLMASS

with **Propadrol**™(6-17 dihydroxyetiocholove-3-ol propionate)

Anabolic Pre-workout Formula >



Supplement Facts

Serving Size: 1 Scoop (12 grams) Servings Per Container: 45

Amount Per Serving %DV*					
ries Calories from Fat I I Fat Saturated Fat Jesterol I I Carbohydrate Dietary Fiber		20 0 0 0 5 g			
Sugars		1 g			
mins nin C Pyridoxine)	25 mg 20 mg 100 mcg	40% 100% 1667%	Minerals Phosphorus Magnesium Sodium	72 mg 20 mg 180 mg	16
hylcobalmin) Acid	400 mca	100%	Potassium Calcium Ascorbate	55 mg	<2 168

ropadrof™ (6-17 dihydroxyetiocholove-3-ol propionate) 20 mc

Methyl Mass Exclusive Proprietary Blend Crea-MASSTM (Exclusive Creatine Salt Matrix)

Glycine Ethyl Ester, Pomegranate P.E. (40% HPLC), Folate

INSA-CARB™ (Exclusive Designer Carbohydrate Matrix w/Insulgenic Delivery System)
Glycerol Polysaccharides, Monosaccharides, Waxy Maize Starch, 4-Hydroxylsoleucine

Hvdro-MASS*** (Hvdration Matrix) Wagnesium Phosphate, Potasium Phosphate, Sodium Phosphate, Trace Minerals, Sodium

Other Ingradients: Dura Coutallina Fructosa Natural & Artificial Flavors: Citric Acid. Sucralosa

Daily Values are based on 2,000 calorie diet, ** Daily Value not Established

Suggested Use: As a dietary supplement, adults take 1-2 scoops with 12-16 oz. of

water or with your favorite beverage. or best results, take 30 minutes prior to workout, on an empty stomach. Please Note: This product contains caffeine and shouldn't be taken by individuals wishing to eliminate this ingredient from their diet. If you have difficulty sleeping,do

not take after 4:00 pm.

Warning: Do not use if you are pregnant or nursing, or at risk for blood pressure, liver, thyroid, prostate, diabetes, or psychiatric disease. If you have any medical condition seek professional medical advice before taking this or any supplement. Do not use this product if under the age of 18. Keep out of reach of children.



Formulated & Manufactured for Engineered Sports Technology, Inc. Orlando, FL 32805

www.estnutrition.com



This product is not intended to diagnose, treat, cure, or prevent any disease * There are no typical results with use of this product.

Dietary Supplement **Pink Lemonade** 550 grams (19.4 oz)