

SUGGESTED USE:

As a dietary supplement, take 2 capsules twice daily.

Fenugreek, a plant whose seeds are used as a spice in Indian, African and Arabic food preparation. It has been studied in the past for its effects in blood sugar maintenance in diabetics and its cholesterol-lowering effects. Fenugreek seeds are rich in a chemical compound known as saponins, a steroid-like precursor for the synthesis of a number of sex hormones. A recent study in the journal Phytotherapy Research reported that the herbal extract fenugreek boosted libido in 82% of men who consumed the dietary supplement in a six-week study. In addition, 63% of the men taking the fenugreek noted an improvement in the quality of sexual performance and 67% of men indicated the herbal extract enhanced their sexual recovery time. [1] †

[1] Steels E., et al. Physiological Aspects of Male Libido Enhanced by Standardized Trigonella foenum-graecum Extract and Mineral Formulation. Phytotherapy Research, 2011 Feb 10. doi: 10.1002/ptr.3360 pub ahead of print.

WARNING: Do not exceed recommended dose listed. This product is not intended for use by any persons under age 18, who are pregnant or lactating, or have serious medical conditions. All persons should consult a physician before using dietary supplements, as individuals may have different supplemental needs. Consumption of this product that is inconsistent with recommended usage may produce adverse side effects. Discontinue use and contact physician immediately if you experience any adverse effects.

KEEP OUT OF REACH OF CHILDREN



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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LBRNSportFenugreek-120_20121204 Rev.B

REACTION NUTRITION

SPORT

FENUGREEK 50%

FENUGREEK 50%
300MG

SERVINGS
120

- SIZE & STRENGTH¹
- INCREASE NATURAL TESTOSTERONE¹
- SUPPORTS HEALTHY LIBIDO¹

120 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

	Amount Per SRV	%DV
Fenugreek (50% saponins)	300 mg	**

**Percent Daily Value "DV" Not Established.

OTHER INGREDIENTS: Magnesium Stearate, Maltodextrin, Gelatin, Titanium Dioxide.

MADE IN THE USA
OF DOMESTIC & IMPORTED INGREDIENTS

DISTRIBUTED BY:
REACTION NUTRITION, LLC
CARNEGIE, PA 15106

www.reactionnutrition.com