

# FUEL YOUR WORKOUT... FEEL THE MASS...

- Induces **Induces Cell Volumization** ▶
- Promotes **Mental Focus & Energy** ▶
- Promotes an **Increase in Pumps and Muscle Recovery** ▶
- Anabolic Technology Featuring **Propadrol™** ▶
- Promotes **Enhanced Strength & Performance** ▶
- Fortified with **INSA-CARB™** ▶



▶ These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.  
\* There are no typical results with use of this product.

with **INSA-CARB™**

# METHYLMASS™

with **Propadrol™** (6-17 dihydroxyetiocholove-3-ol propionate)

**Anabolic Pre-workout Formula ▶**



Dietary Supplement

**Tropical Fusion**

550 grams (19.4 oz)

## Supplement Facts

Serving Size: 1 Scoop (12 grams)  
Servings Per Container: 45

| Amount Per Serving        |            | %DV*  |
|---------------------------|------------|-------|
| Calories                  | 20         |       |
| Calories from Fat         | 0          |       |
| <b>Total Fat</b>          | <b>0</b>   |       |
| Saturated Fat             | 0          |       |
| Cholesterol               | 0          |       |
| <b>Total Carbohydrate</b> | <b>5 g</b> |       |
| Dietary Fiber             | 0          |       |
| Sugars                    | 1 g        |       |
| <b>Protein</b>            | <b>0</b>   |       |
| <b>Vitamins</b>           |            |       |
| Vitamin C                 | 25 mg      | 40%   |
| B-6 (Pyridoxine)          | 20 mg      | 100%  |
| B-12 (Methylcobalmin)     | 100 mcg    | 1667% |
| Folic Acid                | 400 mcg    | 100%  |
| Niacin                    | 25 mg      | 125%  |
| <b>Minerals</b>           |            |       |
| Phosphorus                | 72 mg      | 10%   |
| Magnesium                 | 20 mg      | 5%    |
| Sodium                    | 180 mg     | 7%    |
| Potassium                 | 55 mg      | <2%   |
| Calcium Ascorbate         | 100 mg     | 168%  |

**Propadrol™** (6-17 dihydroxyetiocholove-3-ol propionate) 20 mg

**Methyl Mass Exclusive Proprietary Blend** 10,453 mg \*\*  
**Crea-MASS™** (Exclusive Creatine Salt Matrix)  
Creatine Monohydrate, Di-Sodium Creatine Phosphate, Creatinol-O-Phosphate  
**Amino MASS™** (Amino Complex, with Vaso-Proliferator)  
Arginine (from L-Arginine HCL & Ethyl Ester Salts), Beta Alanine, Resveratrol (50% HPLC),  
Glycine Ethyl Ester, Pomegranate PE (40% HPLC), Folate  
**ENER-MASS™** (Focus & Energy Igniter)  
Caffeine USP, L-Tyrosine AKG, American Ginseng  
**INSA-CARB™** (Exclusive Designer Carbohydrate Matrix w/Insulgenic Delivery System)  
Glycerol, Polysaccharides, Monosaccharides, Waxy Maize Starch, 4-Hydroxyisoleucine  
**Hydro-MASS™** (Hydration Matrix)  
Magnesium Phosphate, Potassium Phosphate, Sodium Phosphate, Trace Minerals, Sodium Bicarbonate

Other Ingredients: Pure Crystalline Fructose, Natural & Artificial Flavors, Citric Acid, Sucralose, Calcium Bicarbonate

\* Daily Values are based on 2,000 calorie diet. \*\* Daily Value not Established

**Suggested Use:** As a dietary supplement, adults take 1-2 scoops with 12-16 oz. of water or with your favorite beverage. For best results, take 30 minutes prior to workout, on an empty stomach.

**Please Note:** This product contains caffeine and shouldn't be taken by individuals wishing to eliminate this ingredient from their diet. If you have difficulty sleeping, do not take after 4:00 pm.

**Warning:** Do not use if you are pregnant or nursing, or at risk for blood pressure, liver, thyroid, prostate, diabetes, or psychiatric disease. If you have any medical condition seek professional medical advice before taking this or any supplement. Do not use this product if under the age of 18. Keep out of reach of children.



Formulated & Manufactured for  
**Engineered Sports Technology, Inc**  
Orlando, FL 32805  
[www.estnutrition.com](http://www.estnutrition.com)



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