

SUGGESTED USE:

As a dietary supplement, take 1 to 2 capsules daily.

Beta-Alanine is an amino acid that is used by muscle cells to synthesize Carnosine. Carnosine is a dipeptide (Beta-Alanine plus Histidine) that functions as a buffer for the hydrogen ions [acid] produced during strenuous exercise, which helps to maintain optimum muscular pH. Beta-Alanine supplementation can increase muscle Carnosine content and delay muscle fatigue. ‡

WARNING: Do not use if pregnant, contemplating pregnancy, or nursing. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product, consult with your physician. Discontinue use and consult a health care professional if you experience any adverse reaction to this product. Store in a cool, dry place below 80°F. Do not use if the seal is broken or missing. This product contains Beta-Alanine and may cause a temporary tingling sensation on your skin. This is normal. With continued use, the intensity of the sensation will decrease or disappear.

KEEP OUT OF REACH OF CHILDREN



‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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LBRNSportBetaAlanine-120_20121205 Rev.B

REACTION
NUTRITION

SPORT

BETA ALANINE

BETA
ALANINE
1500MG

SERVINGS
60

- MUSCULAR ENDURANCE*
- REDUCE MUSCULAR FATIGUE*
- IMPROVE ATHLETIC PERFORMANCE*

120 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

	Amount Per SRV	%DV
Beta-Alanine	1500 mg	**
**Percent Daily Value "DV" Not Established.		

OTHER INGREDIENTS: Magnesium Stearate, Maltodextrin, Gelatin, Titanium Dioxide.



MADE IN THE USA
OF DOMESTIC & IMPORTED INGREDIENTS

DISTRIBUTED BY:
REACTION NUTRITION, LLC
CARNEGIE, PA 15106

www.reactionnutrition.com