SUGGESTED USE:

As a dietary supplement, take 3 capsules 30-45 minutes before workouts, and/or immediately after workouts.

BCAA 2:1:1 provides a precise blend of 100% pure BCAAs. BCAAs comprise up to one third of muscle tissue. During intense exercise the BCAAs are depleted from muscle tissue very quickly leading to increased muscle tissue breakdown. Supplementing with BCAAs may support the body's ability to recover post-training. \$

WARNING: Do not exceed recommended dose listed. This product is not intended for use by any persons under age 18, who are pregnant or lactating, or have serious medical conditions. All persons should consult a physician before using dietary supplements, as individuals may have different supplemental needs. Consumption of this product that is inconsistent with recommended usage may produce adverse side effects. Discontinue use and contact physician immediately if you experience any adverse effects.

KEEP OUT OF REACH OF CHILDREN



Those statements have not been evaluated by the Food and Orug Administration. This product is not intended to diagnose, treat, ure, or prevent any disease.

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Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 40

	Amount Per SRV	%DV
L-Leucine	1000mg	**
L-Isoleucine	500mg	**
L-Valine	500mg	**

**Percent Daily Value "DV" Not Established.

OTHER INGREDIENTS: Magnesium Stearate, Maltodextrin, Gelatin, Titanium Dioxide.

- IMPROVE DITROGED RETENTION

120 CAPSULES



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