

Norwegian

Carlson

EcoSmart[®]
DHA

Sustainable Source

60 SOFT GELS

Lemon
Flavored

Dietary
Supplement



1816-14-15

Carlson: Specializing in the finest Norwegian marine oils since 1982.

The sustainability of our environment pertains to us all. EcoSmart DHA is an eco-friendly and highly sustainable source of the important omega-3's, DHA and EPA. EcoSmart DHA is a rich source of DHA, which is a vital structural component of our cells and supports brain, nerve, eye, and cardiovascular health.* EcoSmart DHA: Healthy for you. Healthy for our Earth.

Supplement Facts

Serving Size 1 or 2 Soft Gels
Servings Per Container 60 or 30



Amount Per	1 Soft Gel	% DV	2 Soft Gels	% DV
Calories	10		20	
Calories from Fat	10		20	
Total Fat	1 g	2% ☆	2 g	3% ☆
Cholesterol	5 mg	2%	10 mg	3%
Vitamin E Natural (d-alpha tocopherol)	10 IU	33%	20 IU	66%
Norwegian Calamari Oil	1000 mg	†	2000 mg	†
Omega-3 Fatty Acids**	550 mg	†	1100 mg	†
DHA (Docosahexaenoic Acid)**	500 mg	†	1000 mg	†
EPA (Eicosapentaenoic Acid)**	50 mg	†	100 mg	†

☆ Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. **Reported as ethyl ester.

Other ingredients: Natural lemon flavor, mixed tocopherols. Soft gel shell: Beef gelatin, glycerin, water. Contains calamari.

DIRECTIONS: Adults: Take one soft gel once or twice daily, at mealtime. Keep bottle tightly closed and out of the reach of children.

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

POTENCY & QUALITY GUARANTEED

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.