

The Carlson logo features the brand name in a stylized, cursive script. A small registered trademark symbol (®) is located to the upper left of the 'C'.

Norwegian Cod Liver Oil

Bottled in
Norway
for Maximum
Freshness

High in
EPA & DHA

Potency and Purity Guaranteed

8.4 FL OZ (250 ml)

Dietary Supplement

Specializing in Norwegian Cod Liver Oil since 1982.

**Bubble Gum
Flavor**
from NATURAL
Fruit Flavors

1361 - 1a

THE FINEST NORWEGIAN COD LIVER OIL Naturally-Rich Source of DHA and EPA

Carlson Cod Liver Oil comes from the livers of fresh cod fish found in the arctic ocean waters of Norway. The oil is separated from the liver tissues without the use of chemicals. To ensure the freshness of the oil, the air inside the bottle is replaced with nitrogen and natural-source vitamin E is added.

Supplement Facts

Serving Size 1 Teaspoonful (5 ml)

Servings Per Container 50

	Amount Per Teaspoonful	% DV
Calories	45	
Calories from Fat	45	
Total Fat	5 g	8% ☆
Saturated Fat	1 g	5% ☆
Cholesterol	20 mg	7%
Vitamin A	850 IU	17%
Vitamin D ₃	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate, d-alpha tocopherol & mixed tocopherols)	10 IU	33%
Omega-3 Fatty Acids*	1,100 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	400 mg	†
100% Norwegian Cod Liver Oil	4.6 g	†

☆ Percent Daily Values are based on a 2000 calorie diet.

† Daily Value (DV) not established.

*Reported as triglycerides.

Other Ingredients: Natural fruit flavors.

Contains fish (cod).

Directions: Take one teaspoonful daily AT MEALTIME. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detectable levels of mercury, cadmium, lead, PCB's and 26 other contaminants.

Manufactured and bottled in Norway for J.R. Carlson Laboratories, Inc.
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