

Omega-3 and Omega-6 in a Balanced Ratio.

with Norwegian Fish Oil

GLA from
Borage
Seed Oil

Carlson

Omega-3 Plus GLA
Omega-3 & 6 (200 mg. Each)

Dietary
Supplement

90 SOFT GELS

1731 - 2c

This balanced formula combines equal ratios of the Omega-3's (DHA & EPA) and Omega-6 (GLA) to promote cardiovascular, joint, brain and vision health.**

Supplement Facts

Serving Size 1 Soft Gel	Servings Per Container 90		
	Amount Per 1 Soft Gel	% DV	
Calories	15		
Calories from Fat	10		
Total Fat	1 g	1.5% ☆	
Vitamin D ₃ (cholecalciferol)	1000 IU	250%	
Vitamin E Natural (d-Alpha Tocopherol)	100 IU	333%	
Total Omega-3's (from Norwegian fish oil)	200 mg	*	†
providing:			
EPA (Eicosapentaenoic Acid)	133 mg	*	†
DHA (Docosahexaenoic Acid)	67 mg	*	†
GLA (Omega-6) (Gamma Linolenic Acid from borage seed oil)	200 mg	*	†

☆ Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy and sardine).

Directions: Take 1 soft gel at mealtime once or twice daily.

- PURITY GUARANTEED -

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Preservative-free. Natural color. Gluten-free. * Reported as triglycerides.

POTENCY & QUALITY GUARANTEED

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• An F.D.A. Regulated Facility •



** This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.