

Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) tablet daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of reach of children.

**QUALITY AND POTENCY
GUARANTEED**

Formulated for:
Martin Avenue Pharmacy, Inc.
"We Make It Better..."
Naperville, IL 60540
(630) 355-6400

#10153

**Martin Avenue
Pharmacy
Wellness Center**

Vitamin B-Complex
100 mg
Long Acting
Dietary Supplement
100 Tablets
www.MartinAvenue.com

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% DV
Vitamin B-1 (as thiamine HCL)	100 mg.	6,667%
Vitamin B-2 (as riboflavin)	100 mg.	5,882%
Niacin (as niacinamide)	100 mg.	500%
Vitamin B-6 (as pyridoxine HCL)	100 mg.	5,000%
Folic Acid	400 mcg.	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg.	1,667%
Biotin	100 mcg.	33%
Pantothenic Acid (as d-Ca pantothenate)	100 mg.	1,000%
Para aminobenzoic acid	100 mg.	*
Choline (as bitartrate)	100 mg.	*
Inositol	100 mg.	*

*Daily Value Not Established

Other Ingredients: Rice bran, alfalfa, parsley, watercress, (May contain one or more of the following: magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate, silica, vegetable gum and natural vanilla powder).