

Magnesium is an essential electrolyte mineral involved in maintaining proper cardiovascular, nerve, and muscle health.

Next to calcium, magnesium is the second most concentrated nutrient in terms of concentration in the body's cells. The primary function is to activate enzymes. Sixty percent of the body's magnesium is stored in the bones, 26% in muscle and the remainder in soft body tissues. Magnesium is critical in energy production. Our **Mega Magnesium™** contains a combination of three different magnesium sources to ensure an easily digestible supplement.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**ANABOLIC
LABORATORIES**



**Professional
Formula**

MEGA MAGNESIUM™

Promotes Optimal Muscle,
Nerve, and Bone Health

**90 VEGETARIAN
CAPSULES**



Manufactured by Anabolic Laboratories • Irvine • CA 92614
www.anaboliclabs.com

Supplement Facts

Serving Size 3 Capsules

Amount Per 3 Capsules	% Daily Value	
Magnesium (from amino acid chelate, malate, citrate)	400 mg	114%
Malic acid	30 mg	*

* Daily Value not established.

Other Ingredients: Capsule (vegetable source), magnesium stearate (vegetable source), silicon dioxide.

SUGGESTED USE: Take three or more capsules daily. May cause loose stools in some individuals.

CONTAINS NO sugar, starch, artificial colors, flavors, preservatives, corn, soy, yeast, wheat, grain, egg, or milk products.

KEEP OUT OF REACH OF CHILDREN.

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