

Norwegian
Carlson

30 FREE
Soft Gels

The Very Finest

FISH OIL

OMEGA-3'S DHA & EPA

Purity
Potency
Freshness
Guaranteed

Dietary
Supplement

May Be Chewed



Great
ORANGE Taste!

30 SOFT GELS: 1000 mg

1644 - 2b

Fresh Orange Flavor Inside Each Soft Gel

Carlson soft gels contain 1000 mg (1 gram) of a special concentrate of fish body oils from deep, cold water fish which are especially rich in the important Omega-3's EPA and DHA.

Supplement Facts

Serving Size 1 Soft Gel

Amount Per	1 Soft Gel	% DV
Calories	9	
Calories from Fat	9	
Total Fat	1 g	☆ 2%
Cholesterol	4 mg	1%
Vitamin E Natural (d-Alpha Tocopherol)	10 IU	33%
Total Omega-3 Fatty Acids** (from fish body oils)	320 mg	†
consisting of:		
EPA (Eicosapentaenoic Acid)**	160 mg	†
DHA (Docosahexaenoic Acid)**	100 mg	†
Other Omega-3's**	60 mg	†

☆ Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Natural tocopherols, natural orange and tangerine flavors. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, mackerel). **Reported as triglycerides.

Directions: Adults take one soft gel daily, at mealtime. May be chewed. Preservative-free. Gluten-free.

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POTENCY &
QUALITY
GUARANTEED

