

Dietary
Supplement

Purity
Potency
Freshness
Guaranteed

Norwegian

Carlson

Mother's DHA

100 mg of DHA

120 SOFT GELS

Chewable
Soft Gels

Bursting
Orange
Taste

91-1951

Carlson: Specializing in the finest Norwegian fish oils since 1982.
DHA is an important nutrient for the optimal development of an infant's brain and eyes during pregnancy. May be taken after pregnancy to enhance the quality of breast milk.*

Supplement Facts

Serving Size 2 Soft Gels	Servings Per Container 60	
	Amount Per 2 Soft Gels	% DV for Pregnant and Lactating Women
Calories	10	
Calories from Fat	10	
Total Fat	1 g	+
Cholesterol	4 mg	+
Vitamin E Natural (d-Alpha Tocopherol)	20 IU	67%
Fish Body Oil Concentrate	1.2 g	+
providing:		
DHA (Docosahexaenoic Acid)	200 mg	+
EPA (Eicosapentaenoic Acid)	100 mg	+
† Daily Value (DV) not established.		

Other Ingredients: Natural tocopherols, natural orange and tangerine flavors. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy and sardine).

Directions for Pregnant Women and Lactating Mothers: Chew or swallow two soft gels daily, AT MEALTIME. May take 2 or 3 soft gels daily.

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Arlington Hts., IL 60004-1985
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• An F.D.A. Regulated Facility •

POTENCY & QUALITY GUARANTEED

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* This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.