research proven protein that works

congratulations!

You have chosen America's #1 protein since 1993.

Now, with better taste, and an improved formulation for faster, leaner results.*

just scoop, stir, & serve

DESIGNER WHEY® mixes easily with a spoon. No blender needed. 97% lactose free and suitable for most anyone with lactose intolerance. DESIGNER WHEY is amazingly versatile - for drinks. shakes, muffins, cereal or pancakes. Use 1 scoop of DESIGNER WHEY, 2-4 times a day, depending upon your bodyweight, metabolic status, workout program, diet and recovery needs.

fast-acting full spectrum whey peptide™ delivery

DESIGNER WHEY gives you the research proven benefits of its specialized blend of Full Spectrum Whey Peptides™. Peptides, short and long chains of amino acids bonded together, are the preferred method for the human body to absorb muscle-building nitrogen.*

increase lean muscle, resulting in decreased bodyfat*

DESIGNER WHEY is University tested, and shown in 3 separate studies to help hard training athletes increase lean muscle while decreasing body fat in a comprehensive training program.* DESIGNER WHEY contains whey-derived calcium which is essential for bone health and muscle contraction.*

directions for use

Add 1 scoop to 3-10 oz. water, milk, juice, yogurt or your favorite recipe**. Stir until dispersed. Drink immediately. Add more or less liquid as you like.

> Upon rising to break the muscle wrecking over-night fast: 1 scoop

Prior to workout: 1 scoop

Immediately following your workout within 30 minutes: 1 scoop

Before bed to combat the muscle wrecking fast: 1 scoop

"Visit www.designerwhey.com for more information on whey protein, delicious recipe ideas, and to determine your daily protein needs.

enriched with glutamine and the branch chain amino acids (BCAAs)

One scoop of DESIGNER WHEY provides 2g of glutamine and 5.5g of the BCAAs (Leucine, Isoleucine, Valine). All of which are important for muscle recovery and mucle growth,* DESIGNER WHEY is also enriched with Taurine, L-Leucine and L-Phenylalanine.

improved strength, power and recovery*

DESIGNER WHEY contains ZinMag-6™ and B vitamins to aid in protein metabolism and support increased strength, improve power and aid in faster recovery.*

designer whey's amino acid profile

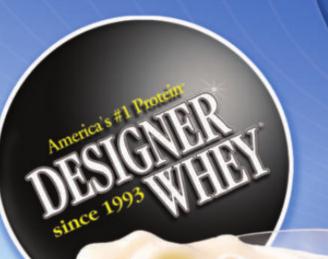
Amount per 100g of protein		Conditionally Essential Amino Acids	
Branched Chain Amino Acids		Arginine	2667 mg
Isoleucine	5667 mg	Histidine	1683 mg
Leucine	12330 mg	Non-Essential Amino Acids	
Valine	5000 mg	Alanine	5000 mg
Total BCAAs	22997 mg	Aspartic Acid	11227 mg
Essential Amino Acids		Cysteine	2000 mg
Lysine	9667 mg	Glutamic Acid + Glutamine	17367 mg
Threonine	6000 mg	Glycine	1683 mg
Methionine	2016 mg	Proline	4683 mg
Phenylalanine	3667 mg	Serine	4000 mg
Tryptophan	2000 mg	Tyrosine	3343 mg
Total Essential AAs + Total BCAAs	46347 ma	Total Conditionally Ess Mon-Ess AA	53653 m

Our \$9.8 million R&D focus since 1993 is how DESIGNER WHEY guarantees you quarantee protein quality you can trust. Part of the sale price of this container goes to cutting edge

R&D to improve protein performance. If you're not satisfied in any way, please return the container to the store for the appropriate refund.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOI AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

america's #1 protein







etter than everyday vhey for lean mass ains & fat loss*

NET WT. 2.1lb (960g)



protein supplement

GOLD

French Vanilla



taking better care of yourself from the inside out...

Supplement Facts

Serving Size 1 level scoop .85 oz (24g) Servings per Container ~40

mount Per Serving	% DV *	Amount Per Serving	
lories 90		Magnesium (as Mg Aspartate, Oxide) 100mg	
Calories from Fat 15		Zinc (as Zinc Aspartate) 5mg	
tal Fat 1.5g	2%*	Sodium 60mg	
Saturated Fat .5g	3%*	Potassium 100mg	
olesterol 45mg	15%*		
tal Carbohydrates 2g	1%*	DESIGNER WHEY' Full Spectrum Whey Peptides"	
Dietary Fiber 0g	0%*	Delivery Proprietary Blend 22.35g	
Sugars 2g	+	(Whey Protein Concentrate, Whey Protein	
otein 18g	36%*	Isolate, Hydrolyzed Whey Protein Concentrate	
iamine (as Thiamine Mononitrate) 1.13mg	75%	L-Glutamine, Taurine, L-Leucine,	
boflavin (as Riboflavin) 1.53mg	90%	L-Phenylalanine, Lactoperoxidase)	
amin B ₆ (as Pyridoxine) 1.75mg	88%	ZinMag-6" Proprietary Blend 213.6mg	
amin B ₁₂ (as Cyanocobalamin) 2.20mcg	37%	(Magnesium Oxide, Magnesium Aspartate	
12 (78%	Zinc Aspartate, Pyridoxine)	
ntothenic Acid (as Ca Pantothenate) 7.75mg			
lcium (from Whey Calcium) 220mg	22%	* Percent Daily Values (DV) are based on a 2,000 co	
osphorus (from Whey Calcium) 140mg		† Daily value not established.	

% DV* Mg Aspartate, Oxide) 100mg 25% artate) 5mg 33%

es (DV) are based on a 2,000 calorie diet.

OTHER INGREDIENTS: NATURAL VANILLA FLAVOR, LECITHIN, OLIGOFRUCTOSE, CELLULOSE GUM, NATURAL FLAVOR, XANTHAN GUM, SODIUM ALGINATE, SALT, STEVIA, ANNATTO (FOR COLOR), CINNAMON, NATURAL VITAMIN E (AS MIXED TOCOPHEROLS). ALLERGY WARNING: CONTAINS MILK AND SOY PRODUCTS.

OTHER THAN WHEY, DRIED CREAM EXTRACT, LACTOPEROXIDASE, AND WHEY MINERAL COMPLEX, THERE ARE NO OTHER ANIMAL SOURCED INGREDIENTS IN THIS PRODUCT.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

This product is packed by weight and not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place. A scoop is included in this container.

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