

Norwegian

Fish Oil Concentrate

Omega-3
Dietary
Supplement

Purity
Potency
Freshness
Guaranteed

Carlson® Super DHA Gems®

500 mg of DHA
60 SOFT GELS

1550-54 - 1b

Carlson: Specializing in the finest Norwegian fish oils since 1982.

DHA and EPA are two of the most polyunsaturated fatty acids in our bodies; much more unsaturated than vegetable oils.

DHA is a vital structural component of cell membranes in our brain and eyes. It supports healthy cell signaling.**

Each Carlson Super DHA Gems soft gel contains 1000 mg (1 gram) of fish body oil from a special blend of Norwegian fish oils. **PLUS:** 10 IU of Natural Vitamin E (d-alpha tocopherol) has been added, not only to protect the freshness of the oil, but to supply the body with the additional Vitamin E it may need. Increased amounts of Vitamin E are needed when polyunsaturated oils like DHA and EPA are consumed.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% ☆
Vitamin E Natural (d-Alpha Tocopherol)	10 IU	33%
Fish Body Oil Concentrate	1000 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	100 mg	†

☆ Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, tuna).

Directions: Take one soft gel, one to five times daily, AT MEALTIME.

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc., Arlington Hs., IL 60004-1985

888-234-5656 • www.carlsonlabs.com

• An F.D.A. Regulated Facility •
POTENCY & QUALITY GUARANTEED
DO NOT PUT INTO EYE.

** These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

