

Norwegian

Fish Oil Concentrate

Omega-3
Dietary
Supplement

Purity
Potency
Freshness
Guaranteed

Carlson

Super

DHA Gems

500 mg of DHA
60 SOFT GELS

1550 - 1b

Carlson: Specializing in the finest Norwegian fish oils since 1982.

DHA and EPA are two of the most polyunsaturated fatty acids in our bodies; much more unsaturated than vegetable oils.

DHA is a vital structural component of cell membranes in our brain and eyes. It supports healthy cell signaling.**

Each Carlson Super DHA Gems soft gel contains 1000 mg (1 gram) of fish body oil from a special blend of Norwegian fish oils. **PLUS:** 10 IU of Natural Vitamin E (d-alpha tocopherol) has been added, not only to protect the freshness of the oil, but to supply the body with the additional Vitamin E it may need. Increased amounts of Vitamin E are needed when polyunsaturated oils like DHA and EPA are consumed.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% ☆
Vitamin E Natural (d-Alpha Tocopherol)	10 IU	33%
Fish Body Oil Concentrate	1000 mg	†
DHA (Docosahexaenoic Acid)*	500 mg	†
EPA (Eicosapentaenoic Acid)*	100 mg	†

☆ Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

*Reported as triglycerides.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, tuna).

Directions: Take one soft gel, one to five times daily, **AT MEALTIME.**

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Dist. by Carlson Div. of J.R. Carlson Laboratories, Inc., Arlington Hts., IL 60004-1985
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• An F.D.A. Regulated Facility •
POTENCY & QUALITY GUARANTEED
DO NOT PUT INTO EYE.

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

