

Norwegian

**30 FREE
Soft Gels
a \$7.00
VALUE!**

Carlson

500 mg*
EPA & DHA

Purity
Potency
Freshness
Guaranteed

Super Omega-3 GEMS®

FISH OIL

Concentrate

30 SOFT GELS: 1000 mg

Dietary
Supplement

1524 - 1c

Carlson: Specializing in the finest Norwegian fish oils since 1982.

Each Carlson **SUPER OMEGA-3 GEMS®** soft gel contains 1000 mg (1 gram) of a special concentrate of fish body oils from deep, cold-water fish which are especially rich in the important Omega-3's EPA and DHA.

Supplement Facts		Serving Size 1 Soft Gel	
	Amount Per Soft Gel	% DV	
Calories	10		
Calories from Fat	10		
Total Fat	1 g	2% ☆	
Vitamin E Natural (d-Alpha Tocopherol)	10 IU	33%	
Norwegian Fish Oil	1000 mg	†	
Total Omega-3 Fatty Acids*	600 mg	†	
EPA (Eicosapentaenoic Acid)*	300 mg	†	
DHA (Docosahexaenoic Acid)*	200 mg	†	

☆ Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as ethyl ester.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy and sardine).

Directions: Take one soft gel one to five times daily, AT MEALTIME.

PURITY GUARANTEED

This product is regularly tested (using AOAC International protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Preservative-free. Cholesterol-free. Gluten-free.

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc.
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• An F.D.A. Regulated Facility •

**POTENCY &
QUALITY
GUARANTEED**

