

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

CONTAINS: Soybeans and Wheat.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Dairy.

n•zimes® n•zimes® and CereCalase® are trademarks of National Enzyme Company.

Lutemax® Lutemax 2020™ is a trademark of LUTEMAX ZEAXANTHIN 2020 OmniActive Health Technologies.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.



SCAN &
LEARN MORE

For More Information
1-888-462-2548:

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

ACTUAL SIZE

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex 25
- Triple Strength Fish Oil
- SuperFoods Whole Foods Blend
- GNC Protein

GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.

GNC Ultra Mega® Green Men's offers a superior blend of greens, fruits, vegetables, antioxidants and enzymes to help support good health. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition for even the most demanding lifestyles.

- Features premium superfood based blends including wholesome fruit, vegetable and greens blends. These nutrient-rich blends supply cell-protecting antioxidants that also support immune health.*
- Provides 1,600 IU of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.*
- Enhanced with n•zimes®, a proprietary blend of digestive enzymes, with proven bioactivity. n•zimes® are active in both acidic environments of the stomach and the alkaline environment of the small intestine. Lab tests show that n•zimes® work throughout the digestive tract, contributing to a more complete digestion of nutrients.* This superior formula helps promote protein, carbohydrate and fat digestion.*
- Supplies essential B-vitamins that are important for cardiovascular health and the production of energy.*
- Combines important nutrients with specialized herbs such as saw palmetto and pumpkin seed to support normal prostate health.* It also includes lutein and zeaxanthin to support eye health.*
- Includes important minerals like zinc for normal reproductive function, copper which is involved in the production of cellular energy and chromium that plays an important role in normal glucose utilization.*
- Timed-release caplets provide a gradual release of vital nutrients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ULTRA MEGA® GREEN MEN'S

Dietary Supplement

WHOLE FOOD
ENHANCED
MULTIVITAMIN

- 1,600 IU of vitamin D-3 for bone & colon health*
- 8 premium superfood based blends
- B-vitamins for energy support*
- Premium cell-protecting ingredients to support immunity*



60 Caplets

TIMED
RELEASE

CODE 132511

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate)	5000 IU 100%	Fruit Blend	75 mg *
Vitamin C (as Ascorbic Acid)	500 mg 833%	Whole Apple Powder (Malus sylvestris), Blueberry Puree Powder (Vaccinium corymbosum), Cherry Puree Powder (Prunus cerasus), Cranberry Juice Powder (Vaccinium macrocarpon)	
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%	Liver Health Blend	49 mg *
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%	Artichoke Leaf Extract (Cynara scolymus), Milk Thistle Leaf Extract (Silybum marianum)	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg 1667%	n•Zimes™ Proprietary Blend	48 mg *
Riboflavin (Vitamin B-2)	25 mg 1471%	Amylase, Protease 4.5, Lipase, Glucoamylase, Protease 3.0, Bromelain, Protease 6.0, Papain, Cellulase, Malt diastase	
Niacin (as Nicotinamide)	25 mg 125%	Men's Health Blend	40 mg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1250%	Saw Palmetto Berries (Serenoa repens), Pumpkin Seed Meal (Cucurbita pepo)	
Folic Acid	400 mcg 100%	Bean Blend	10 mg *
Vitamin B-12 (as Cyanocobalamin)	250 mcg 4167%	Fermented Soybean Powder (Glycine max), Garbanzo Bean Powder (Cicer arietinum), Kidney Bean Powder (Phaseolus vulgaris), Black Bean Powder (Phaseolus vulgaris)	
Biotin	50 mcg 17%	CereCalase™ Proprietary Blend	2 mg *
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg 250%	Hemicellulase, beta-glucanase, Phytase	
Calcium (as Calcium Carbonate)	50 mg 5%	Digestive Enzyme Blend	1 mg *
Iodine (as Potassium Iodide & Kelp)	150 mcg 100%	Amylase, Cellulase, Protease, Lipase	
Magnesium (as Magnesium Oxide)	25 mg 6%	Flax Seed Hull Extract	50 mg *
Zinc (as Zinc Oxide)	15 mg 100%	para-Aminobenzoic Acid	50 mg *
Selenium (as L-Selenomethionine)	200 mcg 286%	Choline Bitartrate	25 mg *
Copper (as Copper Oxide & Hydrolyzed Protein Chelate)	2 mg 100%	Inositol	25 mg *
Manganese (as Hydrolyzed Protein Chelate)	2 mg 100%	N-Acetyl-L-Cysteine	15 mg *
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%	Alpha-Lipoic Acid	10 mg *
Molybdenum (as Hydrolyzed Protein Chelate)	75 mcg 100%	L-Glutathione	5 mg *
Greens Blend	360 mg	Oat Bran Flour (Avena sativa)	5 mg *
Barley Grass Powder (Hordeum vulgare), Alfalfa Juice Powder (Medicago sativa), Chlorella Powder (Chlorella vulgaris), Spirulina Powder (Spirulina platensis), Kelp Powder (Ascophyllum nodosum), Wheat Grass Juice Powder (Triticum aestivum)		Silica	1 mg *
Antioxidant Blend	175 mg	Lutemax 2020™ Lutein	950 mcg *
Green Tea Leaves Extract (Camellia sinensis), Pomegranate Fruit Extract (Punica granatum), Apple Fruit Skin Extract (Malus domestica), Bilberry Fruit Extract (Vaccinium myrtillus), Rosemary Leaf Extract (Rosmarinus officinalis), White Tea Leaves Extract (Camellia sinensis)		Lycopene	950 mcg *
Vegetable Blend	80 mg	Boron (as Hydrolyzed Protein Chelate)	900 mcg *
Broccoli Juice Powder (Brassica oleracea), Carrot Root Juice Powder (Daucus carota), Spinach Juice Powder (Spinacia oleracea), Beet Root Juice Powder (Beta vulgaris), Broccoli Sprouts Powder (Brassica oleracea), Cauliflower Sprouts Powder (Brassica oleracea), Tomato Paste Powder (Lycopersicon esculentum)		Zeaxanthin (as Zeaxanthin isomers)	190 mcg *

* Daily Value not established.