CODE 348211

DNG

DIRECTIONS: As a dietary supplement, take the contents of one packet daily with food.
Each pack contains:

Mega Men®

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene; 50% as Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide and Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	200 mg	20%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Copper Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Proprietary Amino Acid Blend L-Taurine, L-Methionine, L-Glutamine, L-Carnitine	100 mg	*
Antioxidant Fruit and Vegetable Blend Orange Peel Powder, Pumpkin Seed Meal, Saw Palmetto Berry Extract, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pumace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder	105 mg	*
alpha-Lipoic Acid	25 mg	*
Green Tea Leaf Extract (*Camellia sinensis*)	40 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax™ 2020 Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

Conforms to USP <2091> for weight.

ACTUAL SIZE

TriFlex™

Supplement Facts

Serving Size Three White Tablets

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	30 mg	50%
Sodium	130 mg	5%†
Glucosamine HCl	1500 mg	*
Chondroitin Sulfate, Sodium	1200 mg	*
MSM (Methylsulfonyl-methane)	900 mg	*
Hyaluronic Acid (HA)(as Sodium Hyaluronate)	5 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

CONTAINS: Crustaceans (Shrimp).

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Triple Strength Fish Oil

Supplement Facts

Serving Size One Amber Softgel

Amount Per Serving	% Daily Value	
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%†
EPA (Eicosapentaenoic Acid)(Omega-3)	540 mg	*
DHA (Docosahexaenoic Acid)(Omega-3)	360 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Vitamin E, Enteric Coating (Ethylcellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

Potency verified by GC procedure #5123.
Conforms to USP <2091> for weight.

ACTUAL SIZE

SCAN & LEARN MORE

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex 25
- Triple Strength Fish Oil
- SuperFoods Whole Foods Blend
- GNC Protein

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Wheat, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

Lutemax™ 2020 LUTEIN & ZEAXANTHIN

Lutemax 2020™ is a trademark of OmniActive Health Technologies.

GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

GNC

MEGA MEN® Joint

Dietary Supplement

VITAPAK® PROGRAM

- Clinically proven, iron-free multivitamin^ with essential B-vitamins for metabolism support and energy production*
- Enhances joint mobility and flexibility with maximum strength TriFlex™*
- Features 900 mg omega-3s to support natural anti-inflammatory response and promote joint health*

30 PACKS

PHYSICIAN ENDORSED

Joint

GNC Mega Men® Joint Vitapak® Program is physician endorsed by Frank J. Costa, M.D., an internationally acclaimed urological surgeon, men's health expert, and member of the GNC Medical Advisory Board.

"Mega Men® Joint Vitapak® Program was carefully formulated to support joint health concerns of all active men. This comprehensive program features a premium men's multivitamin, plus clinically proven ingredients in TriFlex™, combined with Triple Strength Fish Oil. I highly recommend this product to anyone who is looking for the best in overall joint support." – Frank J. Costa, M.D.

Why Should I Use Mega Men® Joint Vitapak® Program?
Mega Men® Joint Vitapak® Program is specially formulated to address the joint concerns of active men. The components in this program – GNC's clinically proven Mega Men® multivitamin, TriFlex™ premium joint formula, and high-potency Triple Strength Fish Oil – work together to provide highly effective joint health support.*

How Can Mega Men® Joint Vitapak® Program Benefit Me?
Mega Men® Joint Vitapak® Program combines important nutrients that support your overall nutritional needs with focused ingredients designed to address your joint health needs in one convenient daily vitapak.

How Does Mega Men® Joint Vitapak® Program Work?
Each serving of Mega Men® Joint Vitapak® Program includes the following components to help you achieve your daily nutritional goals:

- **Mega Men®** – This clinically studied^, powerful iron-free multivitamin supports overall health and wellness. It includes a potent complex of B-vitamins which are essential for metabolism support and energy production.*
- **TriFlex™** – This premium formula supports joint comfort and flexibility with full-potency, clinically tested amounts of glucosamine and chondroitin, which help preserve joint function and rebuild cartilage, and MSM, a naturally occurring compound that provides an important component for joint cartilage.*
- **Triple Strength Fish Oil** – This high-potency dose of 5 times purified fish oil provides 900 mg of omega-3 fatty acids DHA and EPA. Fish oil supports the body's natural anti-inflammatory response and helps promote joint health.*

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**