

DUAL ACTION GROW TABS™

Dual Action Grow Tabs™ from IDS Sports is designed to increase muscle mass by utilizing not one but two major muscle building components, stimulating muscle growth with two different but effective pathways. Dual Action Grow Tabs™ used in combination with proper diet and exercise can significantly increase lean muscle mass.

WARNING: Men with a prostate condition or who are susceptible to prostate disease should consult with their physician before using this product. Not recommended for use by women. Not intended for use in persons under 18 years of age. Please consult a physician before use if you are taking prescription medications.

Directions: Take 1-2 capsules per day. Best results seen when used for 3-6 weeks continuously. Suspend use of this product after no more than 6 weeks. Do not exceed 2 capsules per day.

Not For Use By Minors • Do Not Use If Seal Is Broken • Keep Out Of Reach Of Children

The statements on this label have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MADE IN USA

Supplement Facts	
Serving Size 2 Capsules Servings Per Container: 30	
Amount Per Serving	
Proprietary Testpat™ Blend	250 mg
Kidzu root, Green Tea, Zinc aspartate, Pygeum africanum extract, Shing mahe heart extract, 17 alpha methyl 17 beta hydroxy 5 alpha androst 2 ene, 4 Androstane 4 chlo ro 17 alpha methyl 3 beta 17 beta diol, Urtica dioica, Tongkat Ali (Mabaen Eurycoma Longifolia Jack), Dodder Seed.	
Bergamot	50 mg
Bupleurum	50 mg
Hoeen	50 mg
Other Ingredients: Magnesium Stearate, Calcium Carbonate. The capsules used in this product are vegetable based and contain no bovine gelatin.	



STRENGTH

MASS

Distributed by: **IDS**
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www.idssports.com



IDS DUAL ACTION GROW TABS™ MASS & STRENGTH

DIETARY SUPPLEMENT

60 FOIL PACKED 582mg CAPSULES

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