

research proven
protein that works™

congratulations!

You have chosen America's #1 protein since 1993.

Now, with better taste, and an improved formulation for faster, leaner results.*

just scoop, stir, & serve

DESIGNER WHEY® mixes easily with a spoon. No blender needed. 97% lactose free and suitable for most anyone with lactose intolerance. DESIGNER WHEY is amazingly versatile – for drinks, shakes, muffins, cereal or pancakes. Use 1scoop of DESIGNER WHEY, 2-4 times a day, depending upon your bodyweight, metabolic status, workout program, diet and recovery needs.

fast-acting full spectrum whey peptide™ delivery

DESIGNER WHEY® gives you the research proven benefits of its specialized blend of Full Spectrum Whey Peptides™. Peptides, short and long chains of amino acids bonded together, are the preferred method for the human body to absorb muscle-building nitrogen.*

increase lean muscle, resulting in decreased bodyfat*

DESIGNER WHEY is University tested, and shown in 3 separate studies to help hard training athletes increase lean muscle while decreasing body fat in a comprehensive training program.* DESIGNER WHEY contains whey-derived calcium which is essential for bone health and muscle contraction.*

directions for use

Add 1 scoop to 3-10 oz. water, milk, juice, yogurt or your favorite recipe**. Stir until dispersed. Drink immediately. Add more or less liquid as you like.

best
results

Upon rising to break the muscle wrecking over-night fast: 1 scoop
Prior to workout: 1 scoop
Immediately following your workout within 30 minutes: 1 scoop
Before bed to combat the muscle wrecking fast: 1 scoop

→ **Visit www.designerwhey.com for more information on whey protein, delicious recipe ideas, and to determine your daily protein needs.

enriched with glutamine and the branch chain amino acids (BCAAs)

One scoop of DESIGNER WHEY provides 2g of glutamine and 5.5g of the BCAAs (Leucine, Isoleucine, Valine). All of which are important for muscle recovery and muscle growth.* DESIGNER WHEY is also enriched with Taurine, L-Leucine and L-Phenylalanine.

improved strength, power and recovery*

DESIGNER WHEY contains ZinMag-6™ and B vitamins to aid in protein metabolism and support increased strength, improve power and aid in faster recovery.*

designer whey's amino acid profile

Amount per 100g of protein		Conditionally Essential Amino Acids	
Branched Chain Amino Acids		Arginine	2667 mg
Isoleucine	5667 mg	Histidine	1683 mg
Leucine	12330 mg	Non-Essential Amino Acids	
Valine	5000 mg	Alanine	5000 mg
Total BCAAs	22997 mg	Aspartic Acid	11227 mg
Essential Amino Acids		Cysteine	2000 mg
Lysine	9667 mg	Glutamic Acid + Glutamine	17367 mg
Threonine	6000 mg	Glycine	1683 mg
Methionine	2016 mg	Proline	4683 mg
Phenylalanine	3667 mg	Serine	4000 mg
Tryptophan	2000 mg	Tyrosine	3343 mg
Total Essential AAs + Total BCAAs	46347 mg	Total Conditionally Ess./Non-Ess. AAs	53653 mg

product guarantee

Our \$9.8 million R&D focus since 1993 is how DESIGNER WHEY guarantees you protein quality you can trust. Part of the sale price of this container goes to cutting edge R&D to improve protein performance. If you're not satisfied in any way, please return the container to the store for the appropriate refund.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

america's #1 protein
since 1993™



18 grams
protein

high in calcium

2g of body protecting
glutamine per serving*

better than everyday
whey for lean mass
gains & fat loss*

NET WT. 2.1lb (960g)

protein supplement

Strawberry

naturally & artificially flavored

the only 5x gold medal
taste winner

taking better care of yourself
from the inside out™

Supplement Facts

Serving Size 1 level scoop .85 oz (24g)
Servings per Container ~40

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Calories 90		Magnesium (as Mg Aspartate, Oxide) 100mg	25%
Calories from Fat 10		Zinc (as Zinc Aspartate) 5mg	33%
Total Fat 1g	2%*	Sodium 60mg	3%
Saturated Fat .5g	3%*	Potassium 100mg	3%
Cholesterol 45mg	15%*	DESIGNER WHEY® Full Spectrum Whey Peptides*	
Total Carbohydrates 2g	1%*	Delivery Proprietary Blend 22.35g	†
Dietary Fiber 0g	0%*	(Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Whey Protein Concentrate, L-Glutamine, Taurine, L-Leucine, L-Phenylalanine, Lactoperoxidase)	
Sugars 2g	†	ZinMag-6® Proprietary Blend 213.6mg	†
Protein 18g	36%*	(Magnesium Oxide, Magnesium Aspartate, Zinc Aspartate, Pyridoxine)	
Thiamine (as Thiamine Mononitrate) 1.13mg	75%	* Percent Daily Values (DV) are based on a 2,000 calorie diet.	
Riboflavin (as Riboflavin) 1.53mg	90%	† Daily value not established.	
Vitamin B ₆ (as Pyridoxine) 1.75mg	88%	OTHER INGREDIENTS: NATURAL AND ARTIFICIAL STRAWBERRY FLAVOR, LECITHIN, BEET POWDER (FOR COLOR), ADIPIC ACID, CITRIC ACID, MALIC ACID, OLIGOSACCHAROSE, CELLULOSE GUM, DRIED CREAM EXTRACT, ACESULFAME POTASSIUM, XANTHAN GUM, SODIUM ALGINATE, SUCRALOSE, NATURAL VITAMIN E (AS MIXED TOCOPHEROLS), ALLERGY WARNING: CONTAINS MILK AND SOY PRODUCTS.	
Vitamin B ₁₂ (as Cyanocobalamin) 2.20mcg	37%	OTHER THAN WHEY, DRIED CREAM EXTRACT, LACTOPEROXIDASE, AND WHEY MINERAL COMPLEX, THERE ARE NO OTHER ANIMAL SOURCED INGREDIENTS IN THIS PRODUCT.	
Pantothenic Acid (as Ca Pantothenate) 7.75mg	78%	NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.	
Calcium (from Whey Calcium) 220mg	22%	This product is packed by weight and not volume. Some settling may have occurred during transportation. Keep out of direct sunlight and store in a cool, dark place. A scoop is included in this container.	
Phosphorus (from Whey Calcium) 140mg	14%	Manufactured for the DESIGNER WHEY PROTEIN COMPANY, a division of NEXT PROTEINS, Inc., P.O. Box 2409, Carlsbad, CA 92018 • 1.800.DESIGNER ©2007 NEXT Proteins, Inc. All rights reserved. 050107, 070057 www.DESIGNERWHEY.com	

