

Carlson for Kids®

Bottled in Norway for Maximum Freshness

Norwegian Cod Liver Oil



 **Lightly
Lemon
Taste!**

Potency & Purity
Guaranteed

250 ML (8.4 FL. OZ.)

1353-2a

Dietary Supplement

THE FINEST NORWEGIAN COD LIVER OIL Naturally Rich Source of DHA and EPA

Carlson for Kids Cod Liver Oil comes from the livers of fresh cod fish found in the arctic ocean waters of Norway. The oil is separated from the liver tissues without the use of chemicals. To ensure the freshness of the oil, the air inside the bottle is replaced with nitrogen and natural-source vitamin E is added.

Supplement Facts

Serving Size 1/2 Teaspoonful (2.5 ml)

Servings Per Container 100

	Amount Per 1/2 Teaspoonful	% DV
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4% ☆
Saturated Fat	0.5 g	3% ☆
Cholesterol	10 mg	3%
Vitamin A	425 IU	9%
Vitamin D ₃	200 IU	50%
Vitamin E (as d-alpha tocopheryl acetate, d-alpha tocopherol & mixed tocopherols)	5 IU	17%
Omega-3 Fatty Acids*	550 mg	†
DHA (Docosahexaenoic Acid)*	250 mg	†
EPA (Eicosapentaenoic Acid)*	200 mg	†
100% Norwegian Cod Liver Oil	2.3 g	†

☆ Percent Daily Values are based on a 2000 calorie diet.

† Daily Value (DV) not established.

*Reported as triglycerides.

Other Ingredients: Natural lemon flavor.

Contains fish (cod).

Directions: Children 4 years and older take 1/2 teaspoonful once or twice daily at mealtime.

Consult your pediatrician before giving to children under 4 years of age. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Manufactured and bottled in Norway for J.F. Carlson Laboratories, Inc.
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