

Norwegian

**RICH IN
OMEGA-3'S
EPA & DHA**

Carlson

**Norwegian
COD LIVER OIL**

A Natural Source of Vitamins A & D

250 SOFT GELS: 390 mg

Dietary
Supplement

Purity
Potency
Freshness
Guaranteed

1312 - 3b

Carlson: Specializing In Norwegian Cod Liver Oil since 1982.

Each soft gel contains 390 mg of Norwegian Cod Liver Oil.

Supplement Facts

Serving Size 3 Soft Gels

Servings Per Container 83

Amount Per 3 Soft Gels		% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% ☆
Cholesterol	4 mg	1% ☆
Vitamin A (from Cod Fish Liver and retinyl palmitate)	3750 IU	75%
Vitamin D ₃ (from Cod Fish Liver and cholecalciferol)	400 IU	100%
Norwegian Cod Liver Oil	1170 mg	†
providing:		
EPA (Eicosapentaenoic Acid)	90 mg	†
DHA (Docosahexaenoic Acid)	105 mg	†

☆ Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod).

Directions: Take three soft gels daily, at mealtime.

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCB's and 28 other contaminants.

Preservative-free. Salt-free. Natural color. Gluten-free.

POTENCY & QUALITY GUARANTEED

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