Suggested Use: Take 2 capsules daily with meals. Can be taken throughout the day or as directed by a health professional.

Store in a cool, dry place with the lid tightly closed. Keep out of reach of children.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by and manufactured for Kent Holtorf, M.D. and The Holtorf Medical Group® Torrance, CA 310-375-2705 To re-order visit Holtraceuticals.com

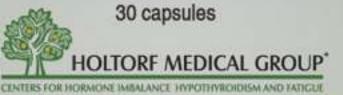


Made in a GMP Certified Facility in USA

WO-0372-CPN-1 EXP: OCT-13



## Regulates and Reduces Cortisol



## Supplement Facts

Serving Size 2 Capsules Servings Per Container 15

Amount Per Serving	% Daily Value	
Magnolia Bark Extract@% honokiol/1% magnolol)	400 mg	
Ashwagandha Extract(root)(min 2.5% withanolides)	375 mg	*
Phosphatidylserine	100 mg	*.
L-Theanine Suntheanine⊚	100 mg	•
* Daily Values not established		

Other ingredients: calcium carbonale, vegelable capsule (cellulose, purified water)
No artificial colors, no dairy or dairy derivatives, no preservatives, no sodium.
Vegan. Gluten-free.