

- Vitamins C & B-6 support immunity*
- Vitamin D supports healthy teeth and bones*
- Vitamins A, C & E support healthy eyes*
- B-vitamins support energy production*
- With key nutrients to support healthy hair, skin & nails*

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

GNC
milestones™

teen

**Gummy Multivitamin
For Teens 12-17**

Dietary Supplement

**Immune Support,
Energy Production
& Overall Health***



No Gluten, No Dairy
Natural Assorted Fruit Flavors

120 GUMMIES

NEW

102621

Directions: As a dietary supplement, take two gummies daily.

DNG

Supplement Facts

Serving Size Two Gummies
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15	Biotin	15 mcg 5%
Total Carbohydrates	3 g 1%†	Pantothenic Acid (as Calcium d-Pantothenate)	10 mg 100%
Sugars	3 g *	Chromium (as Chromium Picolinate)	120 mcg 100%
Vitamin A (as Retinyl Palmitate)	2500 IU 50%	Molybdenum (as Molybdenum Citrate)	37.5 mcg 50%
Vitamin C (as Ascorbic Acid and Sodium Ascorbate)	30 mg 50%	Choline (as Choline Bitartrate)	40 mcg *
Vitamin D (as Cholecalciferol D-3)	800 IU 200%	Inositol (as Inositol Niacinate)	3 mg *
Vitamin E (as dl-alpha Tocopheryl Acetate)	15 IU 50%	Lutein	275 mcg *
Niacin (as Inositol Niacinate)	10 mg 50%	Boron (as Boron Citrate)	150 mcg *
Vitamin B-6 (as Pyridoxine HCl)	4 mg 200%		
Folic Acid	400 mcg 100%		
Vitamin B-12 (as Cyanocobalamin)	12 mcg 200%		

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Glucose Syrup, Sucrose, Gelatin, Natural Flavors, Citric Acid, Lactic Acid, Colors (Annatto Extract, Blueberry and Carrot Concentrates), Fractionated Coconut Oil, Beeswax.

WARNING: Take only as directed. Do not exceed suggested dosage. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Do not use if inner seal is broken or missing. Do not expose to excessive heat or moisture. Colors will darken over time. This does not alter the potency of the product.

No Dairy, No Eggs, No Peanuts, No Soy, No Gluten.

Manufactured in a facility that also produces products that contain soy.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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