Suggested Use: Take 3-6 capsules daily with meals. Can be taken throughout the day or as directed by a health professional. Store in a cool, dry place with the lid tightly closed. Keep out of reach of children.

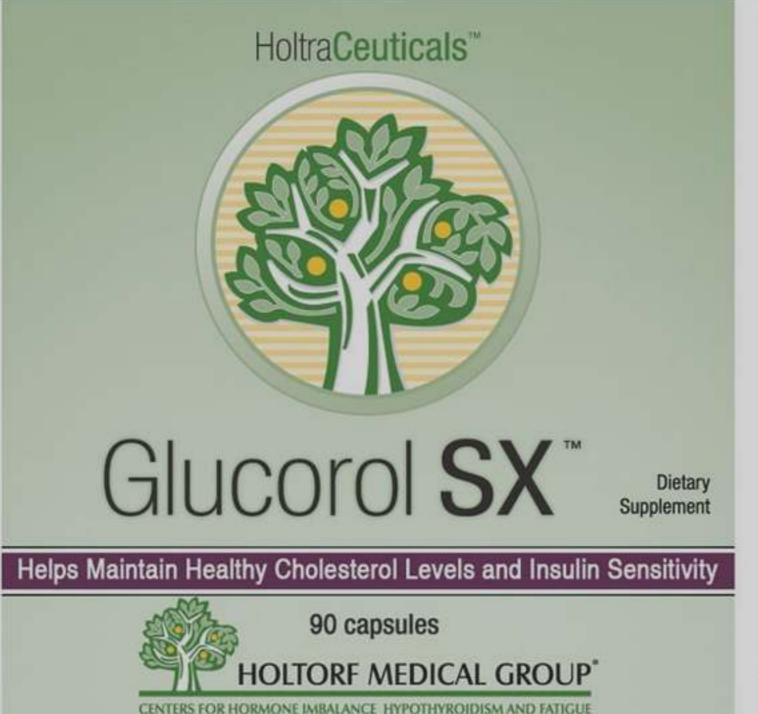
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by and manufactured for Kent Holtorf, M.D. and The Holtorf Medical Group® Torrance, CA 310-375-2705 To re-order visit Holtraceuticals.com

Made in a GMP Certified Facility in USA

WO-0097-CPN-2 EXP: JUL-13



Supplement Facts

Serving Size 3-6 Capsules Servings Per Container 15

Amount Per Serving % Daily Value 4000 mcg 1333% Biotin 1000 mcg 833% Chromium(as polynicotinate) 1000 mg \* Berberine HCI Alpha Lipoic Acid 500 mg \* Acetyl L-Carnitine (as I-tartrate) 500 mg \* Cinnamon Extract(bark)(min 4% essential oil) 125 mg \* Maitake Extract(fruiting body)(30% polysaccharides) 100 mg \* Gymnema Extract(leaf)(min 75% gymnemic acid) 100 mg \* Bilberry Extract (fruit) (min 25% anthocyanidins) 50 mg \* Blueberry Extract(leaf)(16% chlorogenic acid) 50 mg \* 50 mg \* Green Tea Extract(leaf)(min 50% EGCG) 50 mcg \* Vanadium (as amino acid chelate) \* Daily Values not established

Other ingredients: calcium carbonate, vegetable capsule (cellulose, purified water). No artificial colors, no dairy or dairy derivatives, no preservatives, no sodium. Vegan, Gluten-free.