

## Carlson: Specializing in Norwegian Cod Liver Oil since 1982.

From the deep, pristine waters near Norway, Carlson provides the finest cod liver oil, naturally rich in EPA and DHA, and vitamins A and D. Ten (10) IU of Vitamin E has been added to each 1000 mg soft gel to protect the freshness of the oil.

Supplement Facts	Serving Size 1 Soft Gel	
	Amount Per Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% ☆
Cholesterol	4 mg	1%
Vitamin A (from Cod Fish Liver and retiny) palm	itate) 2000 IU	40%
Vitamin D (from Cod Fish Liver and cholecalcife	erol) 400 IU	100%
Vitamin E Natural (d-Alpha Tocopherol)	10 IU	33%
Norwegian Cod Liver Oil	1000 mg	+
providing: EPA (Eicosapentaenoic Acid)**	90 mg	+
DHA (Docosahexaenoic Acid)**	100 mg	t

x Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. \*\* Reported as triglycerides

Other Ingradients: Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod).

Directions: Take one soft gel one to three times daily, AT MEALTIME

## **PURITY GUARANTEED**

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, tulypotent and free of detrimental levels of mercury, cadmium, lead, PoS's and 25 other contaminants.

## POTENCY & QUALITY GUARANTEED

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\* This statement has not been evaluated by the FDA. This product is not