## 50g Protein - With Critical Growth Factors Intact\*

### The MUSCLE-PEAK™ ADVANTAGE:

- 1. The Unstoppable Whey Hydrolysate: The World's Fastest Absorbing Protein. Studies strongly suggest that the ingestion of a fast-acting protein/amino acid hydrolysate supplement can increase amino acid levels in systemic circulation where they are available for muscle protein anabolism (growth). The more rapidly these amino acids rise in the blood, the greater the muscle building reaction. Hydrolysates like the ones found in MUSCLE-PEAK™ have been shown to be the most beneficial form for bodybuilders and athletes as they absorb the fastest and therefore create the greatest spike in plasma concentration.\*
- 2. Powerful Unstripped Whole Protein Fractions With Critical Growth Factors Intact: MUSCLE-PEAK's™ unique manufacturing process retains critical bioactive lean body mass growth factors including di, tri and oligo peptides, beta-lactoglobulin, alpha-lactalbumin, serum albumin, and immunoglobulins. These critical growth factors are often stripped away in many protein supplements but their roles are of great importance as they have been shown to provide multiple growth factors including the powerful IGF-1 (insulin-like growth factor). \*
- 3. Muscle Cell Stimulators and Your Natural Rapid Recovery Cascade: MUSCLE-PEAK™ is loaded with Branched-Chain Amino Acids (BCAAs, particularly Leucine), L-Glutamine and Creatine, some of the most powerful nutrients of their kind shown in clinical studies to help stimulate muscle protein synthesis and ATP formation. Additional amino acids such as Glycine and Taurine have been added to help stimulate your Natural Rapid Recovery Cascade so your muscles can regenerate and recover faster which provides for a more favorable state for muscle growth.\*
- 4. Lean Muscle Ratio Keeps Muscle Full And Not Flat For Hard Dense Muscles: MUSCLE-PEAK™ provides an outstanding choice for staying lean but without sacrificing muscle fullness. Drinking a straight protein shake that is very low in carbs and fat can be useful for certain times but bodybuilding athletes often make the mistake of not taking in the proper ratio of macronutrients to keep their muscle lean but also full at the same time. MUSCLE-PEAK™ was designed with this in mind to help keep your muscles full and not flat for hard dense muscles.\*

Manufactured in an **EU** certified facility. Manufactured in a **GMP** registered facility





Manufactured for and Distributed by Inner Armour®, Bloomfield, CT

Distributed in Europe by Fitness Authority® ul. Mikotaja Reja 3, 80-404, Gdańsk

Distributed in UK by Inner Armour Europe Rose Green Road, Fishponds, Bristol, UK 0044 (0) 1179355554

Distributed in Australia by Nutrition Systems 216 Walters Road, Arndell Park, NSW, 2148

Find out more about the

INNER-P3 Transformation a

r.com









# WHEY HYDROLYSATE ENHANCED Advanced Lean Mass Muscle Building Protein\*

Powerful Unstripped Whole Protein Fractions - Critical Growth Factors Intact\*

With Muscle Cell Stimulators For Rapid Growth And Lean Muscle Mass\*

**5 lbs.** (2.27 kg)

Dietary Supplement





**Directions:** As a dietary supplement, mix 2 scoops with 10-12 oz. of water or milk depending on your desired consistency. Use approximately 10-12 oz. of liquid for each scoop of **MUSCLE-PEAK™**. Additional servings may be used to meet your daily protein requirements.

### NUTRITION INFORMATION

Serving Size: 2 Scoops (88g)

Servings Per Container: Approximately 26

	Amount Per 2 Scoops	Amount Per 100g	% Daily Value**
Calories (kcal)	380 kcal	430 kcal	
Energy (KJ)	1600 kJ	1820 kJ	
Calories from fat (kcal)	45 kcal	50 kcal	
Calories from fat (KJ)	200 kJ	220 kJ	
Total Fat	8 g	6 g	8%
Saturated Fat	2 g	2 g	9%
<i>Trans</i> Fat	0 g	0 g	
Cholesterol	2 mg	2 mg	1%
Calcium	80 mg	90 mg	8%
Sodium	190 mg	220 mg	8%
Potassium	550 mg	620 mg	16%
Total Carbohydrate	34 g	38 g	11%
Dietary Fiber	2 g	2 g	8%
Sugars	7 g	8 g	†
Protein	50 g	57 g	90%

#### HGFI Nitro™ Blend

High Growth Factor Index Whey Protein Blend (containing 100% Unstripped Whole Whey Protein Concentrate and Rapid Releasing Hydrolyzed Whey Protein Isolates with naturally occurring critical bioactive lean body mass growth factors including di, tri and oligo peptides, beta-lactoglobulin, alpha-lactalbumin, serum albumin, and immunoglobulins), Glycine, Taurine, Creatine Monohydrate, BCAAs (Leucine, Isoleucine, Valine) and Amino-Peak® Amino Acid Spiking Polypeptide Complex (Containing Peptidase (Proteolytic Protein Maximizing Enzyme Complex)).

Other Ingredients: Non Dairy Creamer (Surillower Oil, Sodium Caseinate, Mono and Diglycerides, Dipolassium Phosphate (Acidity regulator, E340), Soy Lecithin (Emulsifier, E322)). Mallodeskrim, Cocoa Powder, Carrageeran (Thickener, E415), Natural and Artificial Flavors Sucralose® (Sweelener, E955) and Acesulfame Polassium (Sweelener, E956).

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

†Daily value not established

¹as glutamic acid

Keep out of reach of children.

Do not use this product if you are lactose intolerant or have a milk protein allergy.

CONSULT YOUR HEALTHCARE PROFESSIONAL PRIOR TO USE IF YOU HAVE OR SUSPECT A MEDICAL CONDITION, ARE TAKING PRESCRIPTION DRUGS. OR ARE PREGNANT OR LACTATING.

Store at 15-30°C (59-86°F).

Protect from heat, light and moisture. Do not purchase if seal is broken.

Food Supplements should not be used as a substitute for a varied diet.

ALLERGEN INFORMATION: This product contains milk and soy.

This product was made in a facility that also processes egg, soy,
peanut, tree nut, fish, crustaceans/shellfish, and wheat products.

Formulated Supplementary Sports Food. Not suitable for children under 15 years of age or pregnant women. Should only be used under made an appropriate physical dietetic supervision. The food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and training or exercise program.

\*\*\*Products are formulated without any known banned substances as listed by leading sport organization drug testing programs and the FDA. All athletes are responsible for an must be aware of, and comply with, their sport's rules, regulations, banned substance and anti-doping policies and procedures. For an updated detailed isting of the classes of compounds tested for visit www.bscg.org/index-4.thml. A sample of the batch from which this product was created was analyzed for a list of substances banned by sport. Neurobances were found above the detection limits. Please see details at www.bscg.org.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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