



Other ingredients: calcium ascorbate, cellulose, calcium pantothenate, potassium citrate, stearic acid, zinc gluconate, croscarmellose sodium, silicon dioxide, vegetable stearate, ferrous aspartate, ferrous glycinate, ferrous fumarate, manganese gluconate, amino acid chelates (boron, copper, selenium, molybdenum), chromium polynicotinate.

Allergy Information: This product contains lecithin (from soy).

Our years of obstetric experience enable us to bring you this natural multi-vitamin multi-mineral supplement formulated especially for pregnant or nursing mothers.

Your supplement contains no sugar, artificial coloring, preservatives, salt or animal products.

Use it in good health.

Warning: Accidental overdose of Iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Distributed by
George B. Elvove M.D., P.C.
1029 W. Park Avenue
Libertyville, IL 60048
847-362-1367

02MZ192.120

HOME HEALTH

PRE-NATAL MULTI-VITAMIN MULTI-MINERAL SUPPLEMENT

FORMULATED FOR THEIR
PREGNANT AND LACTATING PATIENTS

120 TABLETS

Suggested Use: As a dietary supplement, take 2 tablets daily.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

Amount Per 2 Tablets	% Daily Value	Amount Per 2 Tablets	% Daily Value	Amount Per 2 Tablets	% Daily Value
Beta carotene 3,000 IU	60%	Manganese 2.4 mg	120%	Pectin 2 mg	*
Vitamin C 400 mg	1667%	Chromium 10 mcg	8%	Red Raspberry (leaves) 2 mg	*
Vitamin D ₃ (ergocalciferol) 160 IU	40%	Molybdenum 10 mcg	13%	Nettle (leaves) 2 mg	*
Vitamin E (as d-alpha tocopheryl succinate) 80 IU	267%	Potassium 20 mg	<1%	Clove (whole clove) 2 mg	*
Vitamin K 2 mcg	3%			Alfalfa (leaves) 2 mg	*
Thiamin 8 mg	533%	Boron 0.4 mg	*	Mint 2 mg	*
Riboflavin 8 mg	471%	Silicon (Horsetail Rush) 2.4 mg	*	Parsley (leaves) 2 mg	*
Niacin (as Niacinamide) 16 mg	80%	Choline (citrate) 8 mg	*	Rose hips 2 mg	*
Vitamin B ₆ (Pyridoxine HCl and Pyridoxal 5-Phosphate) 20 mg	1000%	Betaine HCl 8 mg	*	Chamomile (flower) 2 mg	*
Folic Acid 360 mcg	90%	Inositol 8 mg	*	Enzopharm® Plus 6.4 mg	*
Vitamin B ₁₂ (Methylcobalamin) 8 mcg	133%	PABA (para-aminobenzoic acid) 6 mg	*	A proprietary blend of vegetarian enzymes: (amylase, protease, lipase, hemicellulase, and lactase)	
Biotin 240 mcg	80%	L-Cysteine (Enteric Coated) 8 mg	*		
Pantothenic Acid 12 mg	120%	L-Glutamine 8 mg	*		
Calcium (as Ca Carbonate and Ca Citrate) 400 mg	40%	DL-Methionine (Enteric Coated) 8 mg	*		
Iron 12 mg	67%	L-Aspartic Acid 8 mg	*		
Iodine (from kelp) 90 mcg	60%	Octacosanol 100 mcg	*		
Magnesium (as Mg Oxide) 200 mg	50%	Lecithin 60 mg	*		
Zinc 8 mg	53%	Undecic Acid 20 mg	*		
Selenium 10 mcg	14%	RNA (ribonucleic acid) 2 mg	*		
Copper 0.08 mg	4%	Mixed Citrus Bioflavonoids 120 mg	*		
		Hesperidin 4 mg	*		
		Rutin 2 mg	*		

* Daily Value not established