

RNA	60 mg	..
Bioflavonoids	50 mg	..
Rutin	25 mg	..
Betaine Hydrochloride	50 mg	..

**RDA not established.

In a base containing L-Cysteine 150mg, Methionine 100mg, Gelatin 250 mg, Papain 50 mg, Oat Straw 75 mg, Echinacea 75 mg, Horsetail 250 mg, Asparagus 50 mg.

Directions: Take 3 tablets daily with a meal.

Advanced Woman's Formulas™ are a collection of nutritional supplements designed exclusively for the special needs of today's health-conscious woman. Advanced Woman's Formulas contain no colorings, sugar, starch or yeast and are produced with the best that science and nature have to offer, to help insure your optimum health and well-being.

Keep cool, dry, out of direct light, and out of reach of children.

100% Satisfaction Guaranteed

ADVANCED WOMAN'S FORMULA

HAIR, SKIN & NAILS

The Nutrients Your Body Needs
for Healthy, Lustrous Hair,
Glowing Skin & Strong Nails

75 Tabs

Manufactured for Futurebiotics
Brattleboro, VT 05301

3 tablets contain:	% U.S. RDA
Vitamin A (Beta Carotene)	10,000 iu 200
Vitamin C	120 mg 200
Thiamine (B1)	10 mg 670
Riboflavin	10 mg 600
Niacinamide	50 mg 250
Calcium	600 mg 60
Iron (Amino Acid Chelate)	6 mg 35
Vitamin D (Fish Liver Oil)	200 iu 50
Vitamin E (Natural Mixed Tocopherols)	30 iu 100
Vitamin B6 (Pyridoxine)	10 mg 500
Folic Acid	400 mcg 100
Vitamin B-12	16 mcg 270
Phosphorus	300 mg 30
Iodine (Kelp)	225 mcg 150
Magnesium	200 mg 50
Zinc (Gluconate)	15 mg 100
Biotin	400 mcg 130
Pantothenic Acid (Calcium Salt)	30 mg 300
Choline (Bitartrate)	150 mg ..
Inositol	60 mg ..
PABA	50 mg ..
Selenium (Amino Acid Chelate)	25 mcg ..
Manganese (Amino Acid Chelate)	10 mg ..

