

Energize Your Day, Your Workout and Your Life!*

Get more energizing power for your money with 8-HOUR ALERT. This concentrated formula is designed for fast-acting and long-lasting energizing power and mental alertness. Just one easy-to-swallow 2-Stage Energy Release Bi-Layer Tablet works for up to 8 hours to keep you going throughout the day without crashing. Each bottle of 8-HOUR ALERT provides a 14 day supply of sustained energy!*

CAUTION: Contains caffeine comparable to a 12 oz. cup of the leading premium coffee. Caffeine intake is not advisable in cases of high blood pressure, pregnancy or nursing. Limit the use of caffeine-containing medications, foods or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat. Do not exceed recommended dose. For adult use only. Phenylketonurics: Contains phenylalanine. Contains niacin: You may experience a transient flushing and feeling of warmth.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



8-HOUR ALERT™

HIGH VOLTAGE ENERGY*

**2-STAGE
ENERGY RELEASE
BI-LAYER TABLETS***



Alert* ▶ Aware* ▶ Awake*
No Jitters... No Crash!

Dietary Supplement

14 Bi-Layer Tablets

Directions: Take one Bi-Layer Tablet daily either in the morning or early afternoon for enhanced energy and alertness. Do not take before bedtime.*

Supplement Facts

Serving Size: 1 Bi-Layer Tablet

Servings Per Bottle: 14

	Amount Per Serving	% Daily Value
Niacin (as Niacinamide)	30 mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride)	40 mg	2000%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	500 mcg	8333%
Concentrated Energizing Blend:	655 mg	‡
Taurine, Glucuronolactone, Caffeine, L-Theanine, Malic Acid, N-Acetyl L-Tyrosine, L-Phenylalanine, Phosphatidylcholine		

‡ Daily Value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, hypromellose, coating (hypromellose, hydroxypropyl cellulose and polyethylene glycol), croscarmellose sodium, magnesium stearate, silica and Yellow 5 Lake.

Contains soy.

- Keep out of reach of children. • Store at 15° - 30° C (59° - 86° F).
- Protect from heat, light and moisture. • Do not purchase if seal is broken.

Distributed by: MHP, LLC, 21 Dwight Place, Fairfield, NJ 07004

1.888.783.8844 • MHPSTRONG.com