Suggested Use: Take 2 capsules daily with meals. Can be taken throughout the day or as directed by a health professional.

Store in a cool, dry place with the lid tightly closed. Keep out of reach of children.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated by and manufactured for Kent Holtorf, M.D. and The Holtorf Medical Group® Torrance, CA 310-375-2705 To re-order visit Holtraceuticals.com



Made in a GMP Certified Facility in USA

WO-0353-CPN-1 EXP: OCT-13



## Promotes Relaxation and Reduces Anxiety



## Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

Amount Per Serving		% Daily Value	
Vitamin B6(pyridoxine HCI)	25 mg	1250%	
Taurine	500 mg	*	
GABA(gamma aminobutyric acid)	100 mg	*	
Valerian Extract(root)(PE 4:1)	100 mg		
L-Theanine Suntheanine⊗	100 mg	*	
Phenibut(Phenyl-Y-AminoButyric Acid)	100 mg	*	
Magnesium Glycinate Buffered(18%)	75 mg	*	
5-HTP (I-5-hydroxytryptophan)	50 mg	*	
Daily Values not established			

Other ingredients: calcium carbonate, vegetable capsule (cellulose, purified water) No artificial colors, no dairy or dairy derivatives, no preservatives, no sodium. Vegan, Gluten-free.