

DIETARY SUPPLEMENT

Carlson®

VITAMIN A

25,000 IU with PECTIN

300 SOFT GELS

1163 - 1b

Vitamin A is an essential nutrient in human nutrition. Each soft gel contains 25,000 IU of Vitamin A from fish liver oil. The Vitamin A is dispersed with apple pectin.

### Supplement Facts

Serving Size 1 Soft Gel

|                                 | Amount Per<br>Soft Gel | % Daily<br>Value |
|---------------------------------|------------------------|------------------|
| Vitamin A (from fish liver oil) | 25,000 IU              | 500%             |

Other Ingredients: Soybean oil, beeswax, apple pectin, lecithin (soybeans). Soft Gel Shell: Beef gelatin, glycerin, water. Contains soy and fish (cod, pollock, haddock).

**Directions:** Adults take one soft gel three times weekly. Do not exceed recommended dosage. Do not take if you are pregnant or planning to become pregnant.

Natural source. Natural color. Preservative-free. Milk-free. Wheat-free. Yeast-free. Corn-free. Sugar-free. Salt-free. Gluten-free.

Some ingredient separation may occur within soft gels.

**WARNING:** The recommended daily serving of this product contains more than 10,000 IU of Vitamin A from retinol. Large amounts of Vitamin A from retinol are known to cause birth defects.

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