

This product contains NO yeast, wheat gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 2 capsules 2 times daily with meals or as directed by physician.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. *Keep this product out of reach of children.* In case of accidental overdose, call a doctor or poison control center immediately.

For optimal storage conditions, store in a cool, dry place. (59-77degF/15-25degC) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

**QUALITY AND POTENCY  
GUARANTEED**

Formulated for:  
**Martin Avenue Pharmacy, Inc.**  
"We Make It Better..."  
Naperville, IL 60540  
(630) 355-6400

#10081



# Hair, Skin, & Nails Formula

*with Gelatin & Horsetail*

**Dietary Supplement**

100 Capsules

[www.MartinAvenue.com](http://www.MartinAvenue.com)

## Supplement Facts

	Amount Per 2 Capsules	%Daily Value
Vitamin A (as Vitamin A Palmitate)	7500 IU	150%
Vitamin C (from buffered mineral ascorbate)	62.5 mg	104%
Calcium (from Calcium Malate/Citrate)	80 mg	8%
Iron (as Ferronyl®)	7.5 mg	42%
Magnesium (from Magnesium Malate)	55 mg	14%
Zinc (from Zinc Krebs** /Chelate)	7.5 mg	50%
Manganese (from Manganese Ascorbate)	5 mg	250%

Serving Size 2 capsules  
Servings Per Container 50

	Amount Per 2 Capsules	%Daily Value
Bioflavonoids	37.5 mg	*
PABA (Para-Aminobenzolic Acid)	37.5 mg	*
Horsetail (aerial part) (Equisetum arvense with silica)	325 mg	*
Lecithin (soya) (granules, high in Phosphatidylcholine)	100 mg	*
Gelatin	75 mg	*

\*Daily Value not established.

Other ingredients: cellulose, vegetable stearate and silica.

\*\*Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.